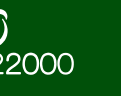




**LIFESPAN™**

**ONE OF INDIA'S LARGEST  
NUTRACEUTICAL  
MANUFACTURER**

# EAT HEALTHY BE HEALTHY



## About The Company

Discovery is at the core of Lifespan Private Ltd. Our team consists of top-notch researchers who implement proven processes with renowned laboratories to explore and uncover new Nutritional, Ayurvedic, Herbal and Personal Care formulations and solutions for consumers around the world. Lifespan is one of India's top most Nutraceutical manufacturers, with rapid development of new products and the quickest delivery of products at large and small scale.

Behind each of our innovations is unparalleled science, research and development to deliver. Our ultimate goal is to safely, effectively and holistically address unmet consumer needs, ultimately improving health and longevity of consumers. When we deliver this, we also help our associated brand partners grow. Ingredients chosen are proprietary and unique, with market-leading knowledge and proven consumer benefits.

Lifespan accomplices with global leaders of nutrition that effectively function as an extension of our businesses. We lead our own consumer research and scientific studies in collaboration with leading organizations, which allows us to offer services with a range of vast product range in both established segments and new emerging markets. We specialize in domestic and global market access and distribution expertise with rigorous quality assurance and compliance.

We are a solution driven organization with manufacturing, private labelling, white labelling, contract manufacturing, packaging and designing. Our team is comprised of professionals with experience in formulation, manufacturing, packaging, design, fulfilment, shipping, engineering and quality.

**Crafty Manufacturing Is A System...**

**Committed To Quality.**

**Committed To Nutrition.**



**ONE OF INDIA'S LARGEST  
NUTRACEUTICAL  
MANUFACTURER**





## **RESEARCH & DEVELOPMENT FACILITY**

Lifespan's strength lies in its ability to innovate through focused research and development. Our laboratories are equipped with a complete range of sophisticated analytical instrumentation including HPLC, GC, UV, ICP-OES, GC FID & Fully automatic leak test apparatus, Bursting strength apparatus, Halogen moisture Balance, Brookfield viscometer and automatic hardness tester. We also have a facility for micro biology testing, for detecting pesticides, and other contaminations in raw materials, packaging materials and finished goods. Our teams of scientists are specialized in product formulations, design and analytical developments. Our labs are places where discoveries are transformed into high quality products. We maintain the quality through rigorous quality checks at every step of production.

### **Key caveats in R & D:**

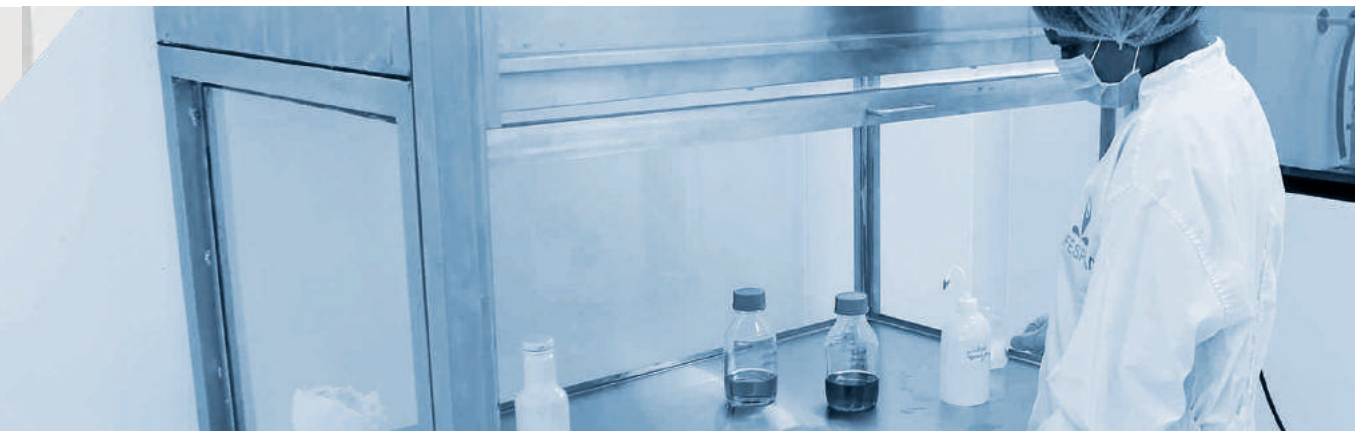
Idea to Market

Pre –formulation studies

Formulation development

Pilot batches and pivotal stability

Pre –clinical and clinical studies



## **QUALITY CONTROL & QUALITY ASSURANCE**

One of the key challenges in formulating nutraceutical products is having a stringent quality assurance program in place to detect potential adulteration. In a market where consumers are increasingly seeking out natural products, having a reliable quality assurance program is crucial to backup any natural claims.

Our laboratories are staffed by skilled professionals and are equipped with the latest instruments to conduct various tests. The state-of-the-art laboratory is fully equipped with machines like HPLC, GC, UV-VIS spectrometer, ICP-OES, Stability chambers so that analytical testing can be performed on products.

### **LIQUID MANUFACTURING**

**TABLETS & CAPSULES MANUFACTURING**

**DISKETTES & POWDERS MANUFACTURING**

**HERBAL PERSONAL CARE PRODUCTS**



Forest Honey

### **NATURAL JUICES**

Amla Juice with Honey

Aloe Vera Juice with Honey

Wheatgrass Juice with Honey

### **SPREADS**

Lifespan Creamy Peanut Butter

Lifespan Crunchy Peanut Butter

Lifespan Chocolate Peanut Butter

Lifespan Spicy Peanut Butter

### **HEALTHY SNACKING**

Lifespan Vanilla Diskettes

Lifespan Chocolate Diskettes

Lifespan Chyawanprash Diskettes

### **TABLETS**

Vitamin C with Zinc Chewable

Vitamin C

Garlic

Neem

Giloy

Well Women

Calcium & Vitamin D3

Vitamin B Complex

LiveLife

Renalife

DiabaLife

Triple Source Calcium

### **CAPSULES**

Ashwagandha

Moringa

Spirulina

Brahmi

Weight Management

Shatavari

Iron & Folic Acid

Omega 3 Fatty Acid

Multi Nutrients with Lycopene

Green Coffee Beans Extract

Shilajit

Multi Fiber Complex Powder

### **PROTEIN POWDERS**

Nlife Protein Powder Chocolate

Nlife Protein Powder Vanilla

Nlife Panch Tulsi Drops  
Cough & Cold Syrup

### **PERSONAL CARE**

Lifespan Red Onion Hair Oil

Lifespan Roll On

Lifespan Paineaze Oil

Lifespan Lemon Hand Wash

Lifespan Sanitizer



### Forest Honey

Forest Honey from Lifespan is raw, unheated and is pure, free from impurities and antibiotics. It comes from the nectar of wild flowers from the forest.

#### Benefits:

Helps in ulcers, digestive problems

Helps in regulating blood sugar

Soothe coughs and sore throats

Helps in stimulation of immunity and in wound healer

It has antioxidant, antimicrobial properties and soothing effects.

#### Suggested Usage:

A spoon full of honey in a glass of warm water with empty stomach gives better results.

**Shelf Life :** Best before 24 months from manufacturing date

**Net Weight:** 300 g



EXPERIENCE THE  
FABULOUS  
FLAVOUR  
OF HONEY  
*Sright from  
Nature's Adobe*



## Amla

Amla juice with Honey is a nutritious drink can help get rid of toxins and supports liver function. Amla is undoubtedly a power house of nutrients. Amla is one of the most widely acclaimed medicinal herbs. Amla juice with Honey helps control blood sugar levels, boost eye health, improve digestion and support in weight loss.

### Benefits

Excellent natural source of Vitamin C  
Helps boosts immunity and metabolism

Aids in liver and digestive functions  
Acts as natural detoxifier  
Healthy refreshing low- calorie drink

## Aloe Vera Juice With Honey

Aloe Vera juice is rich in phytonutrients and traditionally been a part of many ayurvedic preparations, medicines and tonics, it provides nourishment to the body. It is good for liver, helps hydrating, detoxifying and removes impurities from the body.

### Benefits

Aloe Vera Benefits

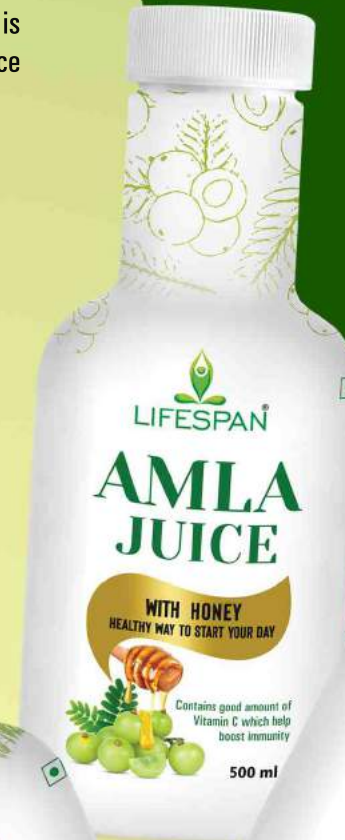
May help breakdown of sugar and fat in the body  
Supports and protects overall skin health  
Might reduce stomach ulcers & gum inflammation  
May help manage digestive disorders  
Anti-inflammatory and Anti-bacterial

## Wheat Grass Juice With Honey

Wheatgrass is an excellent source of many different vitamins and minerals. It is especially high in Vitamins A, C and E, as well as Iron, Magnesium, Calcium and Amino acids. It also contains several important antioxidants, including Glutathione which are compounds that fight free radicals to reduce cell damage and oxidative stress. Honey contains nutrients, vitamins, amino acids and phytonutrients, which are responsible for anti-oxidants, anti-bacterial, anti-fungal properties, which help fight oxidative damage from free radicals.

### Benefits:

Rich in Nutrients and Antioxidants.  
May help maintain blood sugar



### Suggested Usage:

Adults: 30 ml (2 table spoons) twice daily orally or as suggested by dietician.

**Shelf Life :** Best before 18 months from manufacturing date

**Net Vol: 500 ml**



### **Creamy / Crunchy Peanut Butter**

Lifespan Creamy/Crunchy Peanut Butter is a blend of roasted peanuts and is an excellent source of vegetarian protein. It is a ready to eat healthy spread. Enjoy the yummy goodness of this 100% natural nutty butter in sandwiches, cereals, shakes and smoothies. A tasty spread to start your day with and enjoy this Creamy/Crunchy and nutty flavour of Lifespan's Creamy / Crunchy Peanut Butter.

### **Spicy Peanut Butter**

Lifespan's Spicy Peanut Butter apart from roasted peanuts which is a protein packed spread it has added spices like garlic, capsicum and onions to make this spread an herbaceous, hot, nutty and spicy flavor. Add this spicy spread to salad, sandwich, roti and or smoothies for relishing taste or scoop it directly from the jar for a mouthful spicy taste.

### **Chocolate Peanut Butter**

Lifespan's Chocolate Peanut Butter is a great choice for growing kids and grown-ups as a nutritious spread. Apart from nutrition it is tasty and mouth-watering. This spread can be paired with milk shakes, Smoothies, fruit salad, fruit slices, spread on bread, roti and a lot more to encourage kids to have the tasty healthy snacking or just scoop it directly from the jar and relish.

### **Benefits:**

- High in fiber
- Natural and delicious
- Healthy plant protein- No cholesterol
- Helps preserve muscle mass
- May support weight loss by promoting fullness

### **Suggested Usage:**

Adults: Use as spread on bread, paratha or chapatti or directly scoop it straight from the jar and enjoy the taste.

### **Shelf Life:**

Best Before 12 Months from Manufacturing Date



**Net Weight : 340 g**

### Protein Diskettes Vanilla

A snack that has convenience, taste, health and of course, Protein in every bite! Lifespan Protein Diskettes provides High Protein and essential Nutrients to help fulfil your daily nutritional needs in a convenient manner. Protein Diskettes contain casein which is a class 1 Protein. Casein provides all essential amino acids, required for good health. Therefore, having Lifespan Protein diskettes in between meals is a good choice for everyone in the family.

### Protein Powder Chocolate

Protein Powder - Chocolate has a very high nutritional value, and it is one of the finest nutritional sources of high-quality whey protein concentrate. Improves digestion, and absorbed quickly compared to other protein powders. It is a unique combination of plant and milk protein providing 9 essential amino acids. It is designed to give an optimum mix of essential amino acids like Leucine, Isoleucine, Valine (BCAA).

#### Suggested Usage:

Adults: 4 Diskettes twice a day

Children: 3 Diskettes twice a day

**Shelf Life:** Best Before 12 Months from Manufacturing Date



Net Weight: 200 g

#### Benefits

High calorie Protein helps for the growth of the body

Helps in Muscle growth and Strength

Protein Diskettes Provide high quality Casein with vitamins and minerals

Beneficial for Bones and Teeth

May help reduce Suppress appetite,

Boosts metabolism

# Healthy Snacking

Bolsters immunity and improves digestion

Good for skin and slows the ageing process

Helps in Cardiac function

Helps improve alertness and concentration

Keeps illnesses at bay

Enhances in appetite along with overall body functions

# ENRICHED WITH 45+ HERBS



### Chyawanprash Diskettes

Chyawanprash time tested ayurvedic formulation made with more than 45 herbs, it is now in the form of Diskette suitable for all age group. It is a powerful herbal remedy for almost all anomalies. This ayurvedic supplement helps in variety of health conditions. It activates the immune system and strengthens the body and enhancing the production of haemoglobin and white blood cells. It is host for healthful nutrients including antioxidants with no cholesterol.

**Shelf Life:** Best Before 18 Months from Manufacturing Date



## IMMUNITY BOOSTER

CHEWABLE TABLETS &  
NON CHEWABLE TABLETS



15 Tablets



60 Tablets



## Tablets R A N G E

### Vitamin C Tablets / Chewables

Vitamin C plays vital role in human body growth and development, it forms an important protein used to make skin, tendons, ligaments and blood vessels. Vitamin C cannot be stored in the body, regular intake of Vitamin C (ascorbic acid) helps protect cells and keeping them healthy.

### Benefits

- Vitamin C may protect against immune system deficiencies
- Helps in cardiovascular disease, prenatal health problems
- Help in synthesis of collagen
- May reduce the risk of chronic diseases and iron deficiency
- It Boosts immunity & an antioxidant
- Lessen wound healing time
- Increased risk of memory and thinking disorders
- Vitamin C is a powerful antioxidant that may protect human eyes against damaging free radicals

### Suggested Usage:

Adults: 1-2 tablets twice daily  
Adults: 1-2 Chewable a day

Shelf Life : Best before 18 months from manufacturing date



### **Neem Tablet**

Nimba (*Azadirachta indica*/Neem) is well-known with immense medicinal properties and is most versatile medicinal plant having a wide range of biological activity. Neem is a rich source of limonoids that are endowed with potent antioxidant & anti-inflammatory properties. It helps control various skin problems and may help maintain blood sugar levels. It may also help reduce stomach and digestion related issues.

#### **Benefits:**

- Neem aids in detoxification
- May help reduce acne & pimples
- Potent antioxidant & anti-inflammatory
- Highest quality standardized extract

**Shelf Life:** Best before 24 months from manufacturing date

### **Giloy Tablet**

Giloy (*Tinospora cordifolia*) processed with proprietary technology to produce external chemical free Giloy extract, which helps to boost immunity and protects from various infections. It is known to possess antipyretic activity which may help reduce fever and recover quickly after an infection or an illness. It may also help to reduce the symptoms of common cold, low immunity, general weakness and fatigue.

#### **Benefits:**

- Giloy helps in managing respiratory tract health
- May help in blood purification & Immunomodulatory properties
- Anti-inflammatory and anti-arthritis properties
- May support in common illness, skin and urinary disorders

**Shelf Life:** Best before 24 months from manufacturing date

### **Garlic Tablets**

Garlic (*Allium sativum*) Tablets are formulated from Standardize water extract of garlic bulb, with no chemical treatment. The sulphur compounds in garlic helps in digestive tract and travel all over the body and exerts its potent biological effects. It functions as an antioxidant by inhibiting the growth of bacteria. Garlic is mostly promoted as having beneficial effects on cholesterol and heart health.

#### **Benefits:**

- Garlic is excellent agent for wound healing
- May help reduce blood pressure
- Boost function of immune system
- Help reduce common illness (flu and common cold)
- May help in cardiovascular health
- Antioxidant & Anti-inflammatory properties

**Suggested Usage:** Adults: 1-2 tablets twice daily after food or as directed by health care professional.

**Shelf Life:** Best before 18 months from manufacturing date

**Net Content :** 60 Tablets



### Vitamin B Complex Tablets

Vitamin B complex is composed of eight B vitamins, B-1 (thiamine), B-2 (riboflavin), B-3 (niacin), B-5 (pantothenic acid), B-6 (pyridoxine), B-7 (biotin), B-9 (folic acid), B-12 (cobalamin). These essential B-vitamins contribute to overall body function and play a vital role to support maintaining good health.

#### Benefits:

Help support or promote: Cell health, Good eyesight, Good digestion  
Immune System & Skin health Hormones and Maintain Cholesterol level

**Suggested Usage:** Adults: 1 tablet daily or as directed by the physician

**Shelf Life:** Best before 18 months from manufacturing date

### Calcium & Vitamin D3 Tablets

Calcium is necessary for normal functioning of nerves, cells and bone. Elemental Calcium is a source, which body absorbs for bone growth and other health benefits. Vitamin D helps to boost bone strength and reduce the risk of fractures and it also helps to support maximum Calcium absorption from Calcium Carbonate.

#### Benefits:

Helps maintain bone density Enhance calcium absorption &  
Support muscle and nerve health bone mineralization

### Women Care Tablets

Periods sometimes affect your skin, sleep, energy levels and mood. However these can be controlled by Women Care as it helps pin down the period's pain and makes you feel better. It's 100% natural and contains eight Ayurveda herbs which are good for health.

#### Benefits:

Promotes Lactation in women  
May balance the hormonal system of women  
May support female immune system  
May Nourishes the body tissues

**Net Content :** 60 Tablets

### Immunity Tablets

Immunity for complete family healthcare with standardized extract from proven herbs like Amla, Guduchi, Cinnamon and Tulsi, which helps to strengthen body's defence system against cold-cough and seasonal viral infections.

#### Benefits:

Benefits Enhances body immunity  
Fight against various viral, bacterial, and other diseases  
Helps in removing toxins and free radicals from the body  
Enhances metabolic rate

#### Suggested Usage:

Adults: 1- 2 tablets twice daily or as directed by the physician

**Shelf Life:** Best before 24 months from manufacturing date



### LiveLife Tablets

The liver must function on a normal level as it performs more than 500 different functions in a body. LivLife Supports normal functioning of the liver such as the liver's normal ability to burn fat and helps support the body's metabolic process. It also protects the liver, thereby helping in all its related functions like blood-clotting, carbohydrate, and protein metabolism.

#### Benefits:

- Helps in improving the appetite & digestion
- May promote liver function and health
- May protect liver cells from damaging & detox the liver
- May stimulate the growth of new liver cells

**Shelf Life:** Best before 18 months from manufacturing date

### RenaLife Tablets

Many people are suffering from kidney-related problems; healthy kidneys are essential for overall health. RenaLife is an ayurvedic formulation made with seven natural plant extracts and supports healthy urinary function, kidney function & helps maintain a normal balance of fluids in your body.

#### Benefits:

- May help flush out kidney stones
- May help in regulating urinary disorders
- May rejuvenates kidney cells
- Helps reduce urinary tract infections
- May provide relief burning sensation during urination

### DiabLife Tablets

Diabetic Care tablet is completely natural, clinically proven complementary formula to help normalize blood sugar levels in Diabetics and Pre Diabetics. A combination of potent herbs like Banaba, Karela and Gudmar helps in the management of diabetes-associated symptoms and prevents damage of vital organs.

#### Benefits:

- Helps maintain bone density
- Support muscle and nerve health
- Enhance calcium absorption & bone mineralization
- Helps maintain bone density
- Support muscle and nerve health
- Enhance calcium absorption & bone mineralization

**Net Content : 60 Tablets**



### Triple Source Calcium Tablets

Triple source calcium is made with salts of calcium from three sources (calcium carbonate, calcium citrate malate and calcium gluconate) to get quick availability of calcium in human body. Triple source calcium should take with meals, as it requires stomach acid to dissolve and for better absorption.

#### Benefits:

- Improves the strength of muscles and bones
- Prevents articular cartilage destruction
- It helps in the improvement of cartilage regeneration

**Net Content : 100 Tablets**

#### Suggested Usage:

Adults: 1- 2 tablets twice daily or as directed by the physician

**Shelf Life:** Best before 24 months from manufacturing date

# Capsules R A N G E

## Ashwagandha

Ashwagandha commonly referred to as Indian ginseng due to its rejuvenating properties and has been used for centuries in ayurvedic medicine to increase vitality and longevity. It is very effective in reducing stress and anxiety. Enriched with antioxidants and protects from damage caused by oxidative stress. Ashwagandha helps to maintain a healthy balance between the nervous system and immune system.

## Moringa

Moringa Oleifera is a plant that is generally called as drumstick tree, it is used for centuries due to its medicinal properties and other health benefits. Moringa leaves are good source for Vitamin C and Potassium. It also has Calcium, Protein, Iron and Amino Acids, which helps body heal and overall health. Moringa leaves are anti-inflammatory in nature due to the presence of isothiocyanates. Moringa Oleifera is also known to support healthy: Metabolism, Antioxidant, Skin health, Immune system & Joint health.

### Benefits:

Moringa helps normalize blood glucose levels  
Helps lower the pain associated with arthritis and rheumatism  
Known to Improve skin and hair health

## Spirulina

Spirulina is a blue-green, it is a cyanobacteria and used as a food for centuries which includes proteins, carbohydrates, essential amino acids, minerals, essential fatty acids, vitamins and pigments. Spirulina is considered to be good source of vitamin B12 and it is good source for chlorophyll. It is loaded with various nutrients and antioxidants that may benefit human body and brain.

### Benefits:

Immunomodulation and antiviral Properties  
Rich in Iron, Magnesium and other Minerals  
May reduce allergies and act as natural

Natural detoxifier  
Anti-Inflammatory

### Benefits:

May help inflammation such as arthritis  
May reduce the risk of hypertension  
Rejuvenates body and nervous system  
Helps manage stress

**Suggested Usage:** Adults: 1-2 capsules a day after food or as directed by health care professional.

**Shelf Life:** Best Before 18 Months from manufacturing date

**Net Content : 90 Capsules**



### Shatavari capsules

Shatavari capsules are a rich source of Shatavari that supports women's health and well-being. A time-tested and science-backed dietary supplement that is made with a proprietary and powerful ingredient that significantly improves women's health.

#### Benefits:

- Promotes Lactation in women
- May balance the hormonal system of women
- May support female immune system
- May Nourishes the body tissues

### Brahmi Capsule

Bacopa monnieri also known as Brahmi is a plant that has been used in traditional Indian medicine. Brahmi is commonly used for improving memory and anxiety. Brahmi also helps Improves certain brain chemicals that are involved in thinking, learning and memory, thus enhancing cognitive abilities. Brahmi contains compounds like Bacosides that may protects human brain from oxidative stress.

#### Benefits:

- It may help calm the mind
- Promote clarity of thought and memory consolidation
- May help improve memory and anxiety
- Help reduce allergic conditions

**Shelf Life:** Best Before 18 Months from Manufacturing Date

### Weight Management Capsule

Weight Management capsule is a unique combination of Garcinia Cambogia and Green Coffee Extract. Weight Management capsule contains standardized extract of Garcinia containing HCA (Hydroxycitric Acid) & CA (Chlorogenic Acid) from standardized green coffee bean. It contains Hydroxy citric acid that helps reduce fat accumulation and does not let the body store fat. Chlorogenic acid primarily exerts its effects by inhibiting the enzyme alpha glucosidase, which is responsible for breaking down of carbohydrates.

#### Benefits:

- Help reduce fat
- May Boost metabolism
- Helps in controlling appetite

**Suggested Usage:** Adults: 1-2 capsules a day after food or as directed by health care professional.

**Shelf Life:** Best Before 24 Months from Manufacturing Date

**Net Content :** 90 Capsules



### Iron & Folic Acid

Impact on health due to lack of iron deficiency in the body is a major concern these days. Due to lack of iron people suffer from various health issues and see a decrease in immunity levels. Iron and folic acid are two essential nutrients that play an important role in strengthening the immune system and are beneficial for overall health.

**Benefits:**  
Fills out Iron Deficiency  
May promotes healthy red blood cells  
May reduces the risk of Anemia  
May help increase hemoglobin  
Boosts Immunity

### Omega 3 with Vitamin E

Omega-3 Fatty Acids may help reduce inflammation and reduces the risk of many diseases. It help prevent blood platelets from clotting and supports inflammatory response to toxic substances. Vitamin E may support heart health and immune function. Also provide cell protection and acts as a powerful antioxidant.

**Benefits:**  
May help lowering triglyceride levels  
May increase the high-density lipoprotein (HDL) also known as good cholesterol  
May help in lowering blood pressure

### Multi Nutrients with Lycopene

This product provides the basic nutrients needed by adults. It contains a range of 10 Vitamins, Minerals and Lycopene to support overall health, including heart, brain and eye health. Lycopene is an antioxidant that provides protection from free radical damage.

**Benefits:**  
Essential for carbohydrate metabolism and energy production  
Supports healthy bones  
Increases natural resistance and builds immunity

**Suggested Usage:** Adults: 1 capsule a day after food or as directed by health care professional.

### Green Coffee Beans Extract

Green Coffee bean extract contains high level of a group of antioxidants and chlorogenic acid, which is also known as metabolism booster. Chlorogenic acid primarily exerts its effects by inhibiting the enzyme alpha-glucosidase. It helps increase the Basal Metabolic Rate(BMR) to a great extent, helps to minimize the excessive release of glucose from the liver into the blood.

**Benefits:**  
Helps in appetite control & boosts the metabolism  
Helps in stimulating fat burn in the body  
Helps to promote weight loss  
Supports to maintain blood sugar levels

**Shelf Life:** Best Before 24 Months from Manufacturing Date

**Net Content : 90 Capsules**





### Shilajit Capsules

Shilajit extract Capsules are energy booster supplements for both men and women. It has a dominant adaptogenic and aphrodisiac properties. The key component in shilajit capsules is fulvic acid, it improve resistance against illnesses, increase immunity, fight inflammation, manage stress and anxiety.

#### Benefits:

- Builds resistance against diseases
- Enhance antioxidant activity
- Helps in breathing, urinary & mental disorders
- Improve the functions of the thyroid gland
- Can reduce skin diseases, anaemia, and worm infestation

**Suggested Usage:** Adults: 1 capsule a day after food or as directed by health care professional.

**Shelf Life:** Best Before 18 Months from Manufacturing Date

**Net Content : 90 Capsules**

### Multi-Fiber Complex Powder

Lifespan Multi-Fiber complex is a unique blend of 6 different fibers and is a practitioner-grade high-quality multi-fiber nutritional formula conveniently providing 24.68% of soluble and insoluble dietary fiber.

## COMPLEX POWDER OF 6 UNIQUE FIBERS

#### Benefits:

- Helps in feeling full for prolonged period
- May help improve cholesterol and glucose levels
- Fiber combination help the growth of good bacteria in the gut



#### Suggested Usage:

Mix 2 full scoops (7 g approx.) in 100 to 250 ml fresh water or juice. Consume 2-3 times daily.

**Shelf Life:** Best Before 24 Months from Manufacturing Date

**Net Weight : 200 g**

### Benefit:

Promotes muscle growth, helps maintain muscle mass

May lower blood pressure and reduce inflammation

May help reduce Suppress appetite, Boosts metabolism

### Protein Powder Vanilla

Protein Powder – Vanilla has a very high nutritional value, and it is one of the finest nutritional sources of high-quality whey protein concentrate. Improves digestion and absorbed quickly compared to other protein powders. It is a unique combination of plant and milk protein providing 9 essential amino acids. It is designed to give an optimum mix of essential amino acids like Leucine, Isoleucine, Valine (BCAA).

### Suggested Usage :

Adults: 1 one scoop of NLIFE Protein Powder to mix in 200ml of hot, cold or chilled milk or water, stir well and drink twice daily

### Protein Powder Chocolate

Protein Powder - Chocolate has a very high nutritional value, and it is one of the finest nutritional sources of high-quality whey protein concentrate. Improves digestion, and absorbed quickly compared to other protein powders. It is a unique combination of plant and milk protein providing 9 essential amino acids. It is designed to give an optimum mix of essential amino acids like Leucine, Isoleucine, Valine (BCAA).

## PLANT BASE PROTEIN



### Shelf Life :

Best before 18 months from manufacturing date

Available in : 200 g, 400 g, 1 Kg

## Panch Tulsi Drops

Panch Tulsi drops are extracted from high quality naturally available five different varieties of Tulsi. These leaves are found to have exceptional properties. Tulsi is known to purify blood and improve immunity. Tulsi is known to reduce wheezing symptoms, good for skin, liver and joint health.

### Suggested Usage:

Adults: In a glass of water add 2-3 drops of Panch Tulsi in it, let it stand for 1 minute and drink. Use 4-5 times in a day.

**Shelf Life:** Best before 24 months from manufacturing date

**Net Vol:** 20 ml

**5** Krishna Tulsi  
Ban Tulsi  
Dulal Tulsi  
Lemon Tulsi  
Ram Tulsi

**Benefits:**  
Antimicrobial  
Antioxidant  
Anti allergic  
Anti-inflammatory  
Relief from cold and cough



## Cough and Cold Syrup

Lifespan cough and cold syrup give prompt symptomatic relief in unproductive or dry cough. The demulcent, anti-inflammatory and decongestant properties soothes down irritated mucosa of the throat and upper respiratory tract. The presence of natural anti-allergic principles relieve nasal congestion, sneezing and bronchial congestion.

### Benefit:

Antioxidant property  
Relieves throat irritation  
May help control cough  
Expectorant properties

### Suggested Usage :

Children: 1 teaspoon 3-4 times a day  
Adults: 2 teaspoon 3-4 times a day

**Shelf Life:** Best before 24 months from the date of manufacturing

**Net Vol:** 200 ml

## Shiny, Lustrous & Healthy Hair..

Thick, lustrous and free from hair fall is everyone's desire. Onions are rich source of Sulphur, help in providing required nourishment for hair growth. It also strengthens hair from the roots. It helps nourish your hair follicles with its rich content of sulfur. The rich sulfur content also may help minimize hair thinning and breakage. Lifespans Red Onion Hair Oil contains, 15 natural herb oil the most important being Neem Oil, Lotus Oil, Haldi Oil, Hibiscus oil etc.

### Benefits

- Helps control the extreme hair fall situation
- Treats damaged hair
- Get rid of dandruff
- Strengthens your hair growth

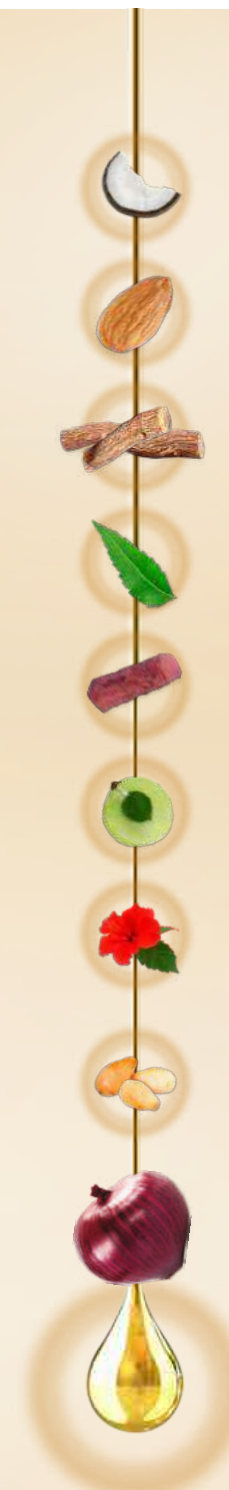
### Suggested Usage:

Adults: Use required amount of Red Onion Hair Oil from roots to tip of the hair. Massage for 2-5 minutes and wrap/cover it to rest for 30 minutes or leave it overnight and wash. For better results use oil twice a week

### Shelf Life:

Best Before 36 Months from Manufacturing Date

NATURES  
**16**  
BEST ACTIVE  
HERBS



caring is more  
**stylish...**



Net Volume : 200 ml

### Rapid Relief Roll On

Lifespan Rapid Relief Roll On is made for Headache and stress relief. This Roll on gives you incredible relief within minutes. The special ingredients Pudina, Gandhapura & Camphor in Roll On gives relief from head ache and stress.

### Suggested Usage :

Apply generously to forehead & temples. Repeat if the pain persists. For adults & children above 5 years.



**Shelf Life:**  
Best Before 18 Months  
from Manufacturing Date

**Net Vol : 10 ml**



### Suggested Usage :

Adults: Apply 5 to 10 ml oil on the affected area or as needed.

### Shelf Life:

Best Before 36 Months  
from Manufacturing Date

**Net Vol : 100 ml**

Paineaze Oil is extracted from 11 exclusive essential herbs. This ayurvedic oil is formulated for body pain for all age group, helps in blood circulation, may help relieve arthritic pain, rheumatic joint pains, joint stiffness and muscle spasms.

### Benefits :

- Anti-inflammatory property
- Excellent muscle relaxant
- Helps in blood circulation
- Reduces redness, swelling and pain
- Instant pain relief and relives stress



#### Ingredients:

Ingredients in 100 ml of	Quantity
Camphor	100mg
Essential oils	100mg
Herbs	100mg
Carrier oils	100mg
Other ingredients	100mg
Total	100mg

Benefits:  
With 100% Ayurvedic ingredients, LIFESPAN Muscle & Joint Pain Oil penetrates deeply and relieves pain. It's highly effective and natural formula to help relieve muscle stiffness, joint stiffness, stress, spasms, frozen shoulder, chronic inflammatory arthritis and even cramps.

The warmth of natural essential oil in its pure form helps to relieve back and neck pain.

This oil can also be used during physiotherapy to help in improving blood circulation, strengthening muscles, nerves and ligaments.

Directions for use:  
Gently apply to the affected area 2 to 4 times a day and massage.



### Lemon Hand Wash

Our Hands are beds of germs. Maintaining good hand hygiene is important for staying healthy. Lifespan hand wash provides effective cleansing and protects you and your family from number of germs. Lifespan lemon hand wash is an ideal product to get your hands germ-free and fresh. The trusted formula can protect your hand from various types of germs. This will prevent germs spreading from your hand and thus, will protect others as well. Lifespan Lemon Hand wash make hands feel fresh throughout the day.

**Benefits :** Easy to use, spreads easily and washes away germs from the corner of your hand

**Suggested Usage :** Dispense a small amount into wet hands, lather, and rinse thoroughly.

**Shelf Life :** 36 months from the date of manufacturing

**Net Vol :** 250 ml

Poor hand hygiene contributes to nearly

**50%**

of all foodborne illness outbreaks



 **KILLS 99% GERMS**

### Hand Sanitizer

Lifespan Hand Sanitizer is an effective and alcohol-based hand sanitizer, which kills 99% of germs, prevents infection, and ensures total hand hygiene.

**Benefits :** Easy to use, Helps cleanse hands for clean, safe and hygiene.

**Suggested Usage :**

Spray small amount of the liquid on your palm. Rub well over front and back of the palms, fingernails and grooves until dry. Replace the cap tightly after every use. Inflammable. Keep away from fire. Do not use on sensitive and wounded skin. Avoid contact with eyes, if contact occurs, rinse thoroughly with clean water.

**Shelf Life :** 24 months from the date of manufacturing

**Net Vol :** 100 ml





**Best Startup of the Year, 2019**  
**Seema Malhotra MP (Member of Parliament, London) &**  
**Mr. Narendra Ram Nambula, Founder & CEO, Lifespan Pvt. Ltd.**



**Most Promising Company to Invest In, 2019**  
**Virendra Sharama MP (Member of Parliament, London) &**  
**Mr. Narendra Ram Nambula, Founder & CEO, Lifespan Pvt. Ltd.**

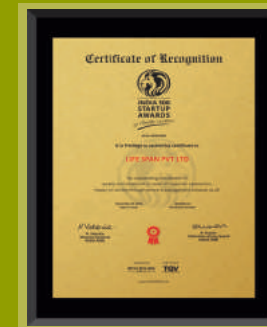


**Promising Entrepreneur of India**  
**The economic times awarded Mr. Narendra Ram Nambula**  
**as the Promising Entrepreneur of India.**



**ET most Promising Entrepreneur**  
**Mr. Narendra Ram Nambula was awarded the ET's most**  
**promising entrepreneurs at the ET Best Brands Summit.**

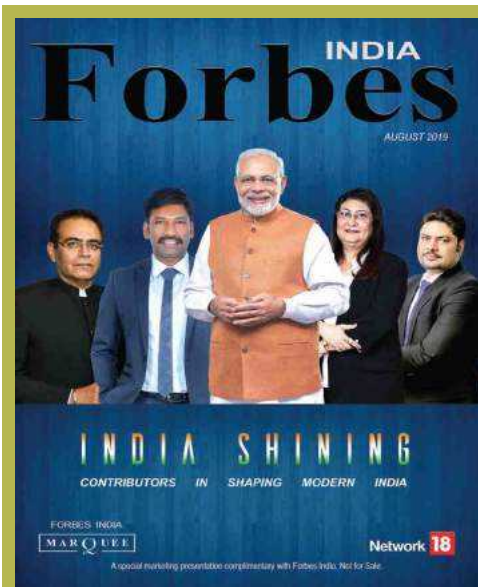
**Lifespan Pvt. Ltd. awarded as the Top Quality Manufacturer of the year for the Nutraceutical Products, at the India's Signature Brands Awards, 2020. The award was presented to Mr. Narendra Ram Nambula (CMD) by Mr.Suniel Shetty (Actor).**



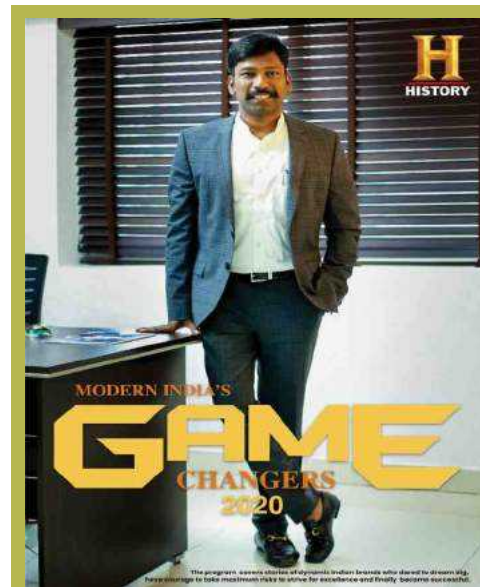
**Lifespan Pvt. Ltd. Winner of India**  
**500 Start-up Awards for Quality Excellence 2019.**

**Mr. Narendra Ram Nambula was awarded the**  
**Entrepreneur of The Year in Product or Manufacturing**  
**Business by MSMECCI, 2020.**





One of the Leading Global Business Magazine 'FORBES' have come out with a special coverage on our company Lifespan Pvt. Ltd.



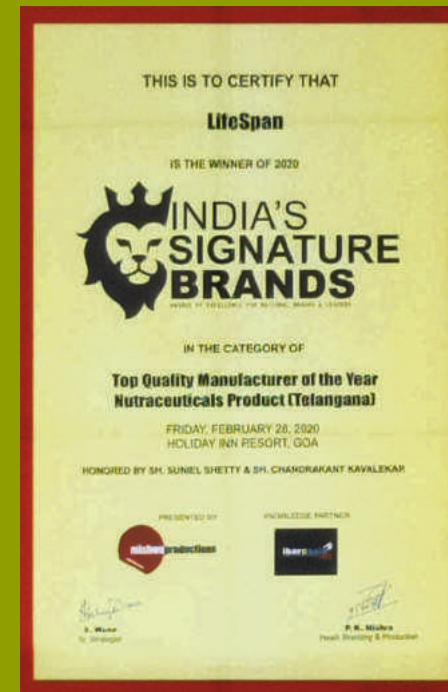
A special episode on Mr. Narendra Ram Nambula was covered by History TV in one of their Flagship programs. "Modern India's Game Changers". The program covers stories of dynamic Indian entrepreneurs who dared to dream big, had the courage to take maximum risks to strive for excellence and finally became successful.



Mr. Narendra Ram Nambula Cover Page Appearance - Entrepreneur's Magazine Nov 2020 Edition



One of the Leading Business Magazine 'FORTUNE INDIA' have come out with a special coverage on our company Lifespan Pvt. Ltd.





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