



LIFESPAN[®]

LEADING YOU TO BETTER LIFE

**ONE OF INDIA'S LARGEST
NUTRACEUTICAL
MANUFACTURER**

EAT HEALTHY BE HEALTHY



RETAIL STORES



E-COMMERCE

www.lifespan.life





NATURAL JUICES / SHAKES

Amla Juice with Honey
Aloe Vera Juice with Honey
Wheat Grass Juice with Honey
Noni Plus Juice
Noni Premium Juice
Noni Gold Juice
Anti-Stress Juice
Digestive Drink
Memory drink
Dieting Aid Drink
Detoxify Drink
Meal Replacement Shake

SPREADS

Creamy Peanut Butter
Crunchy Peanut Butter
Chocolate Peanut Butter
Spicy Peanut Butter
Almond Butter (Plain)
Almond Butter (Chocolate)

HEALTHY SNACKING

Protein Diskettes - Vanilla flavour
Protein Diskettes - Chocolate flavour
Chyawanparsh Diskettes
Kids Protein Diskettes - Vanilla flavour
Kids Protein Diskettes - Chocolate flavour
Multi Grain Bytes
Chia Diskettes

TABLETS/CHEWABLE

Vitamin C Tablet / Chewable
Neem
Garlic
Giloy
Vitamin B Complex Tablets
Calcium & Vitamin D3
Triple Source Calcium
Women Care
Immune Tablet
LiveLife
RenaLife
DiabaLife
Brain Care
Hair Care
Ortho Care
Nerve Health

Immun Active
Co-Q10 + Formula
Mg+ Formula
Vitamin C+ Advance
Fertility Care-Male
Fertility Care-Female
Bone & Joint Health
Digestive
PMS
Anti-cholesterol
Throat Soothing
Nutritive (For Wellness & Stamina)
Herbal Tablet
(For Boils, Pimples & Acne)
Herbo – Mineral
(For Allergies & Anti-Histamine)
Gastric Problem & Colon Cleanser
Electrolyte Water Soluble

CAPSULES

Ashwagandha
Brahmi
Moringa
Spirulina
Shatavari
Shilajit

Green Coffee Beans Extract
Iron & Folic Acid
Omega 3 Fatty Acid
Multi Nutrients with Lycopene
Weight Management
Tulsi
Triphala
Amla – Giloy
Jamun
Harida
Guggulu
Coleus
DHA
Policosanol
Arjuna-Lahsun
Tagar
Karela
Fenugreek
Aphrodisiac
Joint Care
Amino Acid
Anti-Migraine
Diabetes Management
Hair, Nail, Skin Care
Male Wellness
Female Wellness



POWDERS & GRANULES

PROTEIN POWDER

Nlife Protein Powder Chocolate

Nlife Protein Powder Vanilla

Protein Life Powder (Unflavoured)-75%

Protein Rich – Chocolate /Butterscotch – 37%

Protein Rush - Chocolate /Butterscotch – 26 %

Ragi Malt Protein Powder

Plant Based Protein Powder

Poly Millets Protein Powder

Collagen Peptide (Type- 1 and Type- 3) powder

Protein powder for pregnant women

OVERALL HEALTH

Multi Fiber Complex Powder

Dysmenorrhoea Powder

SPORTS NUTRITION

100% whey protein

Isonext vanilla

Lifespan Mass gainer

Lifespan Hydration Powder – Lime Flavor

Lifespan BCAA Powder –Watermelon Flavor

Pre Workout Drink

Prewrite supplement with Pre and probiotics

Postwork supplement with Pre and probiotics

GRANULES

IMMUNE LIFE T (TEA)

SYRUPS & DROPS

Nlife Panch Tulsi Drops

Cough & Cold Syrup

Active-Fig

Appetizer

DigesEaze

SleepAid Plus

SleepAid

Wapour Oil

PERSONAL CARE

Red Onion Hair Oil

Rapid Relief Roll On

PainEaze Oil

Lemon Hand Wash

Hand Sanitizer

Wheat Germ Moisturizing Lotion

Sunscreen lotion

Body Lotion

Aloe Cucumber Body Butter

Almond walnut Scrub

Aloe Gel

Glow Cream

Under Eye Cream

Anti – Ageing Cream



Heel Repair Cream

Foot Cream

Serum

Body Massage Oil

Male Hygiene Wash

Female Hygiene Wash

Beard Oil

Sensual body massage oil

Pain balm

Lip balm

SHOTS

Anti- Hangover Shots

Immunity Shots

Lord mood- Male aphrodisiac Shots

Queen mood- Female aphrodisiac Shots

CERTIFICATIONS

ACHIEVEMENTS & AWARDS

Forest Honey

Straight from Mother Earth, Lifespan Forest honey contains all natural antioxidants, vitamins & minerals that comes in raw, unpasteurized & unadulterated form in its purest authentic flavour & taste obtained from the nectar of wild flowers from the forest, that is carefully collected without harming the bees from the forest of Nallamalla(AP) AND Nilgiris (Karnataka) & are untouched by factory machines during sourcing and harvesting.

Benefits of Honey:

Helps in ulcers & digestive problems

Soothes cough and sore throats

Helps to strengthen immunity and is wound healer

It has antimicrobial properties

Suggested Usage: Enjoy the real flavour of Honey in variety of your foods right from bread to various dishes & beverages like smoothies, roti's, Lemon Tea, kheer & desserts or one can directly have spoonful of it.

Shelf Life: Best before 24 months from packaging date

Net Weight: 300 g



EXPERIENCE THE
FABULOUS
FLAVOUR
OF HONEY
*Straight from
Nature's Adobe*



Amla Juice with Honey

Amla juice with Honey is a nutritious drink which helps to get rid of toxins and supports liver function. Amla is undoubtedly a power house of nutrients and one of the most widely acclaimed medicinal herb. It helps control blood sugar levels, boosts eye health, improves digestion and supports in weight loss. Honey contains nutrients, vitamins, amino acids and phytonutrients, which are responsible for anti-oxidants, anti-bacterial, antifungal properties, which help fight oxidative damage from free radicals.

Benefits Amla Juice with Honey:

Excellent natural source of Vitamin C
Helps boost immunity and metabolism

Aids in liver and digestive functions

Acts as natural detoxifier

Healthy refreshing low-calorie drink

Aloe Vera Juice with Honey

Aloe Vera juice is rich in phytonutrients and is traditionally been a part of many Ayurveda preparations, medicines and tonics; it provides nourishment to the body. It is good for liver, helps hydrating, detoxifying and removes impurities from the body. Honey contains nutrients, vitamins, amino acids and phytonutrients, which are responsible for anti-oxidants, anti-bacterial, antifungal properties, which help fight oxidative damage from free radicals.

Benefits Aloe Vera Juice with Honey:

May help breakdown of sugar and fat in the body
Supports and protects overall skin health
Provides relief for stomach ulcers & gum inflammation
Helps in managing digestive disorders
Anti-inflammatory and Anti-bacterial

Wheat Grass Juice with Honey

Wheatgrass is an excellent source of vitamins and minerals. It is especially high in vitamins A, C and E, as well as iron, magnesium, calcium and amino acids. It also contains several important antioxidants that fight free radicals to reduce cell damage and oxidative stress. Honey contains nutrients, vitamins, amino acids and phytonutrients, which are responsible for anti-oxidants, anti-bacterial, antifungal properties, which help fight oxidative damage from free radicals.

Benefits Wheat Grass Juice with Honey:

Rich in nutrients and antioxidants
Helps in maintaining blood sugar levels.

Improves immunity

Reduces cholesterol levels



Suggested Usage:

Adults: 30 ml (2 table spoons) twice daily orally or as suggested by healthcare professional.

Shelf Life: Best before 18 months from manufacturing date

Net Vol: 500 ml

Creamy / Crunchy Peanut Butter

LIFESPAN's creamy/crunchy peanut butter is a blend of roasted peanuts; and is an excellent source of vegetarian protein. It is a ready to eat healthy spread and one can enjoy the yummy goodness of this 100% natural nutty butter with sandwiches, cereals, shakes and smoothies.

Chocolate Peanut Butter

LIFESPAN's chocolate peanut butter is a great choice for growing kids and grown-ups as a nutritious spread, made with roasted peanuts, jaggery & cocoa that gives it a sweet & rich deep chocolatey flavour. Apart from nutrition it is tasty and mouthwatering. This spread can be paired with milk shakes, smoothies, fruit salad, fruit slices, spread on bread, roti and a lot more to encourage kids to have the tasty healthy snacking or just scoop it directly from the jar and relish.

Spicy Peanut Butter

LIFESPAN's spicy peanut butter is a protein packed spread which contains spice like garlic, capsicum and onions; which makes this spread an herbaceous, hot and a flavor full of spices. Add this spicy spread to salad, sandwich or roti for relishing taste or scoop it directly from the jar.

Benefits:

- Superior grade nuts packed with good source of nutrients
- Natural easy spread and delicious
- High in fiber
- Rich in Protein & Helps preserve muscle mass
- Roasted peanuts Enhanced its nutty flavour

Suggested Usage:

Adults: Use as spread on bread, paratha or chapatti or directly scoop it straight from the jar and enjoy.

Shelf Life:

Best before 12 months from manufacturing date

Net Weight: 340 g



Protein Diskettes Vanilla / Chocolate

A snack that has convenience, taste, health and of course, Protein in every bite! Lifespan Protein Diskettes provides good source of protein and other essential nutrients to help fulfil daily nutritional needs in a convenient manner. Protein Diskettes contain casein which is a class one protein. Casein provides all essential amino acids, required for good health. Therefore, having Lifespan Protein diskettes in between meals is a good choice for everyone in the family, and is a great unhealthy snack replacement any time of the day.

Benefits:

- Good protein source helps in the growth and development
- Supports muscle growth and strength
- Protein Diskettes provide high quality casein with vitamins and minerals
- Mouth savouring flavour- Vanilla & Chocolate
- Easy and convenient, on the go snack
- Healthy replacement for junks
- Family snack

Suggested Usage:

- Adults: 3 Diskettes twice a day
- Children: 2 Diskettes twice a day

Shelf Life: Best before 12 months from manufacturing date



Chyawanprash Diskettes

Chyawanprash is a time tested ayurvedic formulation made with more than 45 herbs, innovated and launched by Lifespan in the form of Diskette, suitable for all age group. It is a powerful herbal remedy for almost all anomalies. This ayurvedic supplement helps in variety of health conditions. It activates the immune system and strengthens the body. The composition in the Diskettes also enhances the production of haemoglobin and white blood cells. It is host for healthful herbs & nutrients for a great health support. A tasty, convenient and a healthful snack.

Shelf Life: Best before 18 months from manufacturing date

Healthy Snacking

Benefits Chyawanparsh:

- Supports Cardiac functions
- Enhances healthy appetite
- Beneficial for Overall good health
- Improves alertness and concentration
- Chyawanparsh is known to fight illness
- Immunity boosting properties and aids digestion
- Supports good skin health and slows the ageing process

ENRICHED
WITH
45+
HERBS



Net Weight: 200 g



Kids Protein Diskettes Butterscotch with Vanilla flavour /Chocolate flavour

Kids Protein Diskettes are made from natural and genuine ingredients, which are packed with antioxidants, vitamins & minerals and various other essential nutrients that are ideal for kids and adults too. These diskettes are guaranteed to energize kids and keep them full until their next meal. This also, will fit well in their snack boxes and are on-the-go treat for everyone, Yummy to them, wholesome to you!

Benefits:

Not only delicious, these gluten-free diskettes are nutrients rich in every tube
Made with simple, but wholesome ingredients including gluten-free bengal gram flour, milk protein, vegetable oil, natural flavour etc.

Includes 21 count diskettes, packaged in a conveniently, easy handling and friendly tubes with air tight seal

Digestive friendly

Promotes growth & development

Boosts immunity

Contains fiber and healthy fats

Suggested Usage:

2-3 times daily and 3 diskettes at a time.

Shelf Life: Best before 18 months from manufacturing date

Multi Grain High Fiber Diskette

Looking for a convenient & easy to go healthy snacking option? Try our Multi grain bytes made with superior quality cereal - pulse mix along with casein, MCT & flavored with jeera that makes it super nutritious as it is easily digestible, fiber-rich, helps to curb hunger & promotes satiety.

Benefits:

Enriched with ancient grains, rich in fiber that is easily digestible & gives satiety

Convenient & on the go snack, is perfect during busy mornings, travel or at work

Super nutritious treat

Suggested Usage:

Adults: Multi-grain High fibre bytes should preferably be taken 10 bytes twice or thrice daily.

Shelf Life: Best before 18 months from manufacturing date

Kids
Friendly
Pack



Net Weight: 50 g

IMMUNITY BOOSTER

CHEWABLE TABLETS &
NON CHEWABLE TABLETS



15 Tablets



60 Tablets



Tablets R A N G E

Vitamin C Tablets / Chewables

Vitamin C plays a vital role in human body, it aids in the formation of collagen required skin, tendons, ligaments and blood vessels. Vitamin C can't be stored in the body; therefore, regular intake of Vitamin C (ascorbic acid) is important as it helps protect the cells and keeps them healthy.

Benefits:

Rich in Vitamin C & helps to strengthen immune system

Helps in synthesis of collagen

Reduces the risk of chronic disease and enhances Iron absorption thereby improves iron levels.

It is a powerful antioxidant

Helps in wound healing

Suggested Usage:

Adults: 1-2 Tablets twice daily

Adults: 1-2 Chewable a day

Shelf Life: Best before 18 months from manufacturing date



Giloy Tablets

Giloy (*Tinospora Cordifolia*) is processed with proprietary technology to produce external chemical free Giloy extract which helps in boosting immunity and protects from various infections. It is known to possess antipyretic activities which may help in reducing fever; further it helps in recovering fast after an infection or illness. Giloy also helps in reducing the symptoms of common cold, low immunity, general weakness and fatigue.

Benefits of Giloy:

Giloy helps in managing respiratory tract health

Helps in blood purification & has Immunomodulatory properties

Anti-inflammatory and anti-arthritis properties

Supports to fight common illness, good for skin and helps manage urinary disorders

Suggested Usage: 1-2 tablets twice daily or as directed by healthcare professional

Shelf Life: Best before 24 months from manufacturing date

Neem Tablet

Nimba (*Azadirachta Indica/Neem*) is well-known with immense medicinal properties and is most versatile medicinal plant having a wide range of biological activity. Neem is a rich source of limonoid that are endowed with potent antioxidant & anti-inflammatory properties; which helps in controlling various skin problems and may also help in maintaining blood sugar levels. Further, it may also help in reducing stomach and digestive problems.

Benefits of Neem:

Aids in detoxification

Good for skin & helps in reducing acne & pimples

Potent antioxidant & anti-inflammatory

Highest quality standard extract is used

Suggested Usage: 1-2 tablets twice daily or as directed by your physician

Shelf Life: Best before 24 months from manufacturing date

Garlic Tablets

Garlic (*Allium sativum*) tablets are formulated from standardize water extract of garlic bulb, with no chemical treatment. Allicin is the most biologically active compound of garlic and exhibits potential health benefits. It functions as an antioxidant by inhibiting the growth of bacteria. Garlic is mostly promoted as having beneficial effects on cholesterol and heart health.

Benefits of Garlic:

Has excellent wound healing properties

Helps reduce blood pressure

Boosts immunity

Helps reduce common illness (flu and common cold)

Good for Cardiovascular health

Antioxidant & anti-inflammatory properties

Suggested Usage: 1-2 tablets twice daily or as directed by healthcare professional.

Shelf Life: Best before 18 months from manufacturing date



Net Content: 60 Tablets

Women Care Tablets

Periods sometime affects skin, sleep, energy levels and mood in all age groups of women. However, these can be managed by women care tablets as it not only helps to deal with the common menstrual symptoms (cramps, pain) but also helps in restoring hormonal balance and make you feel better. It is 100% natural and contains eight ayurvedic herbs which are good for health.

Benefits:

Reduce menstrual cramps
Helps to manage dysmenorrhoea (painful periods)
Helps to rejuvenate & strengthen the body during periods
Helps in management of Leucorrhoea (white discharge)
Aids in controlling heavy bleeding
Treats irregular periods and abdominal cramps

Suggested Usage:

1-2 tablets twice daily or as directed by your Vaidya / Physician

Shelf Life:

Best before 24 months from manufacturing date

Calcium & Vitamin D3 Tablets

Calcium is necessary for normal functioning of nerves, cells and bones. Elemental Calcium is a source, which body absorbs for bone growth and other health benefits. Vitamin D helps to boost bone strength and reduce the risk of fractures and it also helps to support maximum Calcium absorption from Calcium Carbonate.

Benefits:

Helps and may maintain bone density
Support muscle contraction function & nerve health

Vitamin D is known to enhance calcium absorption & bone mineralization

Shelf Life: Best before 24 months from manufacturing date

Immunity Tablets

Immunity for complete family with standardized extract from proven herbs like Amla, Guduchi, Cinnamon and Tulsi, which helps to strengthens body's defense system against cold-cough and seasonal viral infections.

Benefits:

Good for improving immune health
Has Anti-viral, Anti-bacterial properties
Helps in removing toxins and free radicals from the body
Enhances metabolic rate

Suggested Usage: 1 tablet twice a day or as directed by healthcare professional.

Shelf Life: Best before 24 months from manufacturing date

Net Content: 60 Tablets

Vitamin B Complex Tablets

Vitamin B complex is composed of eight B vitamins, B-1 (Thiamine), B-2 (Riboflavin), B-3 (Niacin), B-5 (Pantothenic acid), B-6 (Pyridoxine), B-7 (Biotin), B-9 (Folic acid), and B-12 (Cobalamin). These essential B-vitamins contribute to overall body functions and plays a vital role in supporting and maintaining good health.

Benefits of B Vitamins:

Help support or promote: Immune system, skin health and cellular function
Help support or promote: Good digestion, hormones and maintain cholesterol level
Plays key role in body's metabolism function & Improves Energy levels

Suggested Usage:

Adults: 1 tablet daily preferably with a meal or as directed by healthcare professional.

Shelf Life: Best before 18 months from manufacturing date



LiveLife Tablets

The liver must function on a normal level as it performs more than 500 different functions in body. LivLife is an ayurvedic formulation that supports normal functioning of the liver such as the liver's normal ability to burn fat and supports the body's metabolic process. It also protects the liver, thereby helping all its related functions like blood-clotting, carbohydrate, and protein metabolism.

Benefits:

- Promotes healthy liver functioning
- Protects liver cells from damage & detoxifies the liver
- Stimulate the growth of new liver cells
- Improves appetite & digestion

Suggested Usage: 1-2 tablets twice daily or as directed by your Vaidya / Physician

Shelf Life: Best before 18 months from manufacturing date

Renalife Tablets

Maintaining kidney health is important for our overall health and general well-being. By keeping our kidneys healthy, our body will filter and expel waste properly and produce hormones to help our body function properly. Renalife is an ayurvedic formulation made with seven natural plant extracts which supports healthy urinary function, kidney function & helps in maintaining a normal balance of fluids in your body.

Benefits:

- Helps flush out kidney stones & prevents formation of kidney stones
- Provides relief from UTI distress like burning sensation during urination
- Helps reduce the change of getting urinary tract infections
- Helps in regulating urinary disorders
- Aids in rejuvenation of kidney cells

Diabalaife Tablets

High blood sugar, also known as hyperglycemia, is associated with diabetes and prediabetes. Prediabetes is when your blood sugar is high, but not high enough to be classified as diabetes. Diabalaife contains Gudmar which is an ayurveda herb and is commonly known as the 'destroyer of sugar' which supports the normal function of pancreas, secretes insulin & normalizes blood sugar levels. Gymnema acid reduces the binding of carbohydrates to intestine receptors so that glucose absorption by the intestines is inhibited. Along with Gudmar other herbs like Momordica charantia (Karela/Bitter Gourd) & Lagerstroemia speciosa (Banaba) are used for the management of diabetes.

Benefits:

- Helps normalize blood sugar levels
- Improves insulin sensitivity
- Helps decrease triglycerides
- Helps to relieve neuropathic pain
- Reduces oxidative stress

Net Content : 60 Tablets

Suggested Usage:

1-2 tablets twice daily, preferably 30 minutes before meals with lukewarm water or as directed by healthcare professional.

Triple Source Calcium Tablets

Triple source calcium is made with salts of calcium from three sources (Calcium Carbonate, Calcium Citrate Malate and Calcium Gluconate) to get quick availability of calcium in our body. Triple source calcium should be taken with meals, as it requires stomach acid as a medium to dissolve and for better absorption.

Benefits:

- Supports healthy bones, muscles, joints and teeth
- Contributes to normal blood clotting
- Helps in transmission of Nerve Impulses

Suggested Usage:

1 tablet twice a day after meal or as directed by healthcare professional

Shelf Life: Best before 24 months from manufacturing date

Net Content: 100 Tablets



Brain Care

Lifespan Brain care is formulated to support healthy cognitive functions by beneficially modulating acetylcholine, it is a brain neurotransmitter involved with cognition and memory, support proper cerebral circulation and oxygenation and it is a natural brain booster.



 Supports in
**Healthy
Cognitive
Functions**

 Enhances
**Memory &
Concentration**

 Provides support in
**Fatigue & Mental
Fogginess**



Co-Q10+

Coenzyme Q10, also known as CoQ10 is a compound that helps in regenerating the cells. Coenzyme Q10 also acts as an antioxidant. The human body can produce this compound naturally, but with ageing, the production of CoQ10 by the body reduces and hence the need for supplementation arises.

 Maintains
**Healthy Heart
Function**

 Supports
**Cellular Energy
Production**

 Excellent
**Immunity
Booster**

 Relieves
**Joint
Discomfort**

 Promotes
**Cartilage
Regeneration**

 Strengthen
Bones



Co-Q10+

Lifespan Orthocare formula includes key ingredients that support the formation of cartilage, which plays an essential role in joint flexibility and comfort when you're active. An essential building block of your joints, it helps support joint comfort, mobility, flexibility, and contributes to healthy joint fluid (supports joint lubrication & smooth movement).

Mg+ Formula

Magnesium is a very important mineral for optimal health. Magnesium deficiency is one of the leading nutrient deficiencies in men and women. Magnesium is an essential mineral for your health.



 Supports **Energy Production**

 Essential Mineral for **Healthy Well-being**

 Supports **Heart, Bone & Digestive Health**




Nerve Health

Vitamin B12 is absolutely critical for good mental and physical health. Vitamin B12 is essential for the DNA and works with other B vitamins to form all types of blood cells. It supports brain function (memory & focus), immune system, energy production and metabolism of fats, carbohydrates and proteins.



 Protection & Support **Regeneration of Nerves**

 May Reduce **Muscle Cramps & Improves Reflexes**

 Help improve **Nerve function in Neuropathy**

 Helps **Defence Against Infections**

 Supports **White Blood Cell Production**

 Protect Against **Free Radical Damage**

Vitamin C+ Advance Formula

Curcumin has poor bioavailability due to which it is not absorbed properly and gets eliminated fast from the body limiting its health benefits. Curcumin bioavailability can be improved if it is taken with Piperine, a component found in black pepper. Piperine helps to improve curcumin absorption in the body and thus enable us to have proper health benefits.

Lifespan Vitamin C+ formula contains curcumin extract with piperine and strong antioxidant nature of Echinacea Extract. Thus, this is a high bioavailable turmeric daily care supplement along with Benefits of Vitamin C.



Hair Care

Lifespan Hair Care promotes hair growth, glowing skin and strong nails. It contains powerful grape seed extract containing specially combined vitamins, minerals, herbs, and bionutrients important for helping to maintain or obtain healthy hair.



 Promotes **Natural Hair Growth**

 Helps **Nourish Hair**

 Reduces **Hair Loss due to Aging**



Fertility Care-Male

Lifespan Fertility support-M is a high-quality fertility health-enhancing formula for men, developed with reliable ingredients to help enhance sperm parameters, such as count, quality, and movement, and improve overall reproductive wellness, which would have affected due to lifestyle and environmental challenges. And offers highly bio available CoQ10 along with the benefits of antioxidant properties.

 Improves **Sperm Motility, Count & Morphology**

 Strong **Antioxidant Protects Sperm from Free Radicals**

 Improves **Semen Quantity & Quality**



 Improves **Egg Growth & Quality**

 Strengthens **Reproductive System**

 Improves **Uterus Environment for Conceiving**



Fertility Care-Female

Plant-based Lifespan Fertility support F Tablets with vitamins help to conceive. Made with the goodness of L-Arginine, Zinc, Chasteberry, Vitamin D3 & B12 and Sodium Selenite helps with egg quality and egg health, fertilization, aids in preparing the body for pregnancy, helps to prepare uterus lining.



Capsules R A N G E

Ashwagandha Capsules

Ashwagandha is commonly referred to as Indian Ginseng, is a vital herb due to its proven miraculous effect & rejuvenating properties which has been used for centuries in ayurveda to increase vitality and longevity. The root extracts of the plant is very effective in reducing stress and anxiety. Enriched with antioxidants, it protects from damage caused by oxidative stress, helps in maintaining a healthy balance between the nervous system and the immune system.

Moringa Capsules

Moringa Oleifera is a plant that is generally called as “drumstick tree”; it is used for centuries due to its medicinal properties and other health benefits. Moringa leaves are good source for Vitamin C and Potassium. It also has Calcium, Protein, Iron and Amino Acids, which helps body heal and is good for overall health. Apart from such a Nutrient rich profile, Moringa leaves are anti-inflammatory in nature and posses Anti-oxidant properties.

Benefits:

Moringa helps normalize blood glucose levels
Nutrient rich & possess Anti-oxidant properties

Has Anti-inflammatory properties
Good for skin and hair health

Spirulina Capsules

Spirulina is a blue-green algae also a Cyanobacteria and used as food for centuries. It contains proteins, minerals, essential fatty acids, vitamins and pigments. Spirulina is considered to be a good source of Vitamin B12 and Chlorophyll. It is loaded with various nutrients and antioxidants that may benefit human body and brain.

Benefits:

Immunomodulation and antiviral properties
Rich in Iron, Magnesium and other minerals

Reduces risk of allergies
and rich in antioxidants

Suggested Usage: Adults: 1 capsules twice a day after food or as directed by healthcare professional.

Benefits:

Reduces the risk of hypertension
Rejuvenates body and nervous system
Helps manage stress
Immune boosting properties

Suggested Usage: Adults: 1-2 capsules per day or as directed by the healthcare professional

Shelf Life: Best before 18 months from manufacturing date

Net Content : 90 Capsules



Brahmi Capsule

Bacopa Monnieri also known as Brahmi. It is a plant that has been used in traditional Indian medicine. Brahmi is commonly used for improving memory and anxiety. Brahmi also helps Improves certain brain chemicals that are involved in thinking, learning and memory, thus enhancing cognitive abilities and contain compounds like Bacosides that may protect human brain from oxidative stress.

Benefits:

Has mind calming affect
Promotes clarity of thought and memory consolidation
Beneficial for boosting memory and reduces anxiety

Suggested Usage: Adults: 1 capsules twice daily after meal or as directed by the healthcare professional. Take Brahmi capsules with Ashwagandha capsules for better results

Shelf Life: Best Before 18 Months from Manufacturing Date

Weight Management Capsule

Weight Management capsule is a unique combination of Garcinia Cambogia and Green Coffee Extract. It contains standardized extract of Garcinia containing HCA (Hydroxycitric Acid) & CA (Chlorogenic Acid) from standardized green coffee beans. It contains Hydroxy Citric acid that helps reduce fat accumulation and does not let the body store fat. Chlorogenic Acid primarily exerts its effects by inhibiting the enzyme alpha Glucosidase, which is responsible for breaking down of carbohydrates.

Benefits of Garcinia & Green Coffee:

Promotes healthy metabolism
Reduces hunger and appetite
Burns stored fat and boost energy levels
Helps in managing weight

Shelf Life: Best before 18 Months from manufacturing date

Suggested Usage:

Adults: 1 capsules twice a day after Meal or as directed by healthcare professional.

Shatavari Capsules

Shatavari capsules are a rich source of Shatavari, 'A versatile female tonic' that supports women's health and well-being. A time-tested and science-backed dietary supplement that is made superior grade ingredient that significantly improves women's health.

Benefits:

Promotes & increases flow of milk in lactating women
Brings healthy balance in female hormones.
Support immune health

Suggested Usage: Adults: 1 capsule twice daily after meal or as directed by your Vaidya / Physician

Shelf Life: Best before 24 months from manufacturing date

Net Content: 90 Capsules



Iron & Folic Acid Capsules

Impact on health due to lack of iron deficiency in the body is a major concern these days. Due to lack of iron people suffer from various health issues and see a decrease in immunity levels. Iron and folic acid are two essential nutrients that play an important role in strengthening the immune system and are beneficial for overall health.

Benefits:
Promotes formation of healthy red blood cells
Reduces the risk of anemia
Helps to increase hemoglobin levels
Reduces Fatigue & Boosts immunity

Omega 3 with Vitamin E Capsules

This Capsule is a combination of Omega-3 & Vitamin E, where Omega 3 Fatty Acids not only reduces inflammation but also decreases the tendency of thrombosis & many cardiovascular diseases due to its Anti-inflammatory properties. Vitamin E, in addition supports heart health and acts as a powerful antioxidant.

Benefits:
Helps lower triglyceride levels
Helps in lowering blood pressure
Reduces the risk of blood clots
Helps managing inflammation
Helpful for Cardiac Health
Good for skin, hair & Brain health

Suggested Usage: Adults: 1-2 capsules daily as directed by healthcare professional

Multi Nutrients with Lycopene

Despite having a balanced diet, most of us suffer from nutritional deficiency. Among most of the nutrients, vitamins and minerals play a significant role in increasing the wellness of the body. This product provides the basic nutrients needed by adults. It contains a range of 10 vitamins, minerals and lycopene to support overall health, including heart, brain and eye health. Lycopene is an antioxidant that provides protection from free radical damage.

Benefits:
Increases natural resistance in the body
Improves energy level and boosts immunity
Improves metabolism rate
Supports healthy digestive system
Good for Cardiovascular functioning

Suggested Usage: Adult: 1 capsule daily with a glass of water preferably with a meal or as directed by healthcare professional.

Green Coffee Beans Extract Capsules

Green Coffee Beans Extract contains high concentration of antioxidants and chlorogenic acid, which is also known as metabolism booster. Chlorogenic acid primarily exerts its effects by inhibiting the enzyme alpha-glucosidase. It helps increase the Basal Metabolic Rate (BMR) to a great extent, helps to minimize the excessive release of glucose from the liver into the blood.

Benefits:
Rich in Antioxidant
Helps in controlling appetite
Helps in reducing stored fat
Helps promote healthy metabolism
May increase natural resistance in the body

Suggested Usage: Adults: 1-2 capsule a day before meals or as directed by Dietician/Healthcare professional.

Shelf Life: Best before 24 months from manufacturing date

Net Content: 90 Capsules





Shilajit Capsules

Shilajit capsules are energy booster supplements for both men and women. It has a dominant adaptogenic and aphrodisiac properties. The key component in Shilajit capsules is fulvic acid, it improves resistance against illnesses, increase immunity, fight inflammation, manage stress and anxiety.

Benefits:

- Builds resistance against diseases
- Helps to boost strength and stamina
- Helps in enhancing physical & mental health
- Enhance antioxidant activity
- Helpful to reduce skin diseases, anaemia, and worm infestation
- The Fulvic acid component helps to improve Vitality & Vigour

Suggested Usage:

Adults: 1-2 capsule a day or as directed by Vaidya/ healthcare physician.

Shelf Life: Best before 18 months from manufacturing date

Net content: 90 Capsules

Multi-Fiber Complex Powder

Dietary fiber is material from plant cells that cannot be broken down by enzymes in the human digestive tract. There are two important types of fiber: water-soluble and water insoluble.

Multi-Fiber complex is a unique blend of 6 different fibers and is a practitioner-grade high-quality multi-fiber nutritional formula conveniently providing 24.68% of soluble and insoluble dietary fiber.

Benefits:

- Helps in feeling full for prolonged period
- Helps reduce cholesterol and glucose levels
- Fiber combination helps in the growth of good bacteria in our gut
- Regulates Healthy bowel movements

COMPLEX POWDER OF 6 UNIQUE FIBERS



Suggested Usage:

Mix 2 full scoops (7 g approx.) in 100 to 250 ml fresh water or juice. Consume 2-3 times daily.

Shelf Life: Best before 24 months from manufacturing date

Net Weight: 200 g

Benefit:

Promotes muscle growth and helps maintain muscle mass

Gives a feeling of Satiety

Boosts metabolism

Boosts Immune system

**Protein Powder
(Vanilla and Chocolate)**

Protein powder has a very high nutritional value especially the protein needs, and it is one of the finest nutritional sources of high-quality whey protein concentrate. Improves digestion and absorbed quickly compared to other protein powders. It is a unique combination of plant and milk protein providing 9 essential amino acids. It is designed to give an optimum mix of essential amino acids like Leucine, Isoleucine, and Valine (BCAA).

Suggested Usage:

Adults: 1 scoop of protein powder to mix in 200ml of hot, cold or chilled milk or water, stir well and drink twice daily.

PLANT BASE PROTEIN



Shelf Life:

Best before 18 months from manufacturing date

Available in: 200 g, 400 g, 1 Kg

100 % Whey Protein

Premium 100% gluten-free ultra-filtered whey protein made from whey protein concentrate & isolate is an ideal sport drink that supplies all the natural occurring BCAA along with Glutamine, which not only helps to maintain muscle protein but also builds muscle mass, prevents muscle soreness as well aids muscle recovery due to intense workout & enhances immunity.

Benefits:

Supports muscle recovery

Efficient energy source during exercise

Maintains muscle protein & enhances the growth of muscle mass

Suggested Usage: Add 30 gm (2 tbspn) powder in 250ml of water & blend vigorously till uniform mixing preferably using shaker

Shelf Life: Best before 18 months from manufacturing date



Mass gainer powder

Lifespan Mass gainer powder is specially designed for Athletes or individuals who want to build muscle, which comprise of whey protein concentrate delicious chocolate & cocoa flavor that contains all the naturally occurring BCAA - (Leucine, Isoleucine & Valine) for boosting muscle growth, reducing muscle soreness, and prevent muscle wasting. The inclusion of Glutamic acid helps to reduce muscle fatigue caused to strenuous workout, improve performance & has immunomodulatory properties. It is easily digestible and quickly absorbed, providing one with instant energy.

Benefits:

Provides 17g of Protein in a single scoop

Aids in muscle growth & preserve muscle mass

Helps to improve performance & combat muscular fatigue

Suggested Usage: Add 100gm powder in 200ml of water/Milk & blend vigorously till uniform mixing preferably using shaker

Shelf Life: Best before 18 months from manufacturing date



Fights oxidative stress post workout

Easily digestible & provides quick energy

Net Weight: 1kg



BCAA-Watermelon Flavor

BCAA powder is a 100% vegan, powerful & potent blend of Branch chain amino acids in a 2:1:1 ratio made exclusively for high-intensity workouts & athletes along with certain amino acids (L-Glutamine, L-citrulline, Taurine) which helps one to increase muscle mass, prevent muscle fatigue & soreness, improve endurance, recovery post-workout & comes in refreshing watermelon flavor, further it improves hydration & maintains electrolyte balance.

Enhances muscle mass, prevents muscle fatigue & soreness
Sodium & potassium helps to hydrate & maintain electrolyte balance
Help fight oxidative stress

Benefits:
100% vegan BCAA with refreshing watermelon flavor & caffeine-free
Contains 5gm BCAA per serving with an ideal 2:1:1 ratio
Helps improve endurance & recovery post-workout

Suggested Usage: Add 15gm(1 tbsp) Lifespan BCAA powder in 250ml of water & mix it until completely dissolved, preferably using shaker & consume immediately

Net Weight: 1kg

Shelf Life: Best before 18months from manufacturing date

Hydration Powder -Lime Flavor

Rehydrate yourself with your workouts. This refreshing lemon hydration powder is prepared with dextrin & maltose dextrin that is quickly absorbed, yet steadily raises blood sugars compared to glucose, helps replenish muscle glycogen, helps combat muscle cramps & reduces fatigue. The inclusion of Vitamin C & B vitamins makes it unique as it fights oxidative stress, builds immunity, has healing properties & provides instant energy.

Benefits:

Readily absorbed, yet slowly raises blood sugar levels
Helps replenish lost muscle glycogen during the workout
Added Vitamin C Fights oxidative stress & has wound healing properties

Combats muscle cramps & reduces fatigue
Enriched with Vitamin B1 , Vitamin B2 & Vitamin B6
Provides Instant Energy & Hydrates oneself

Suggested Usage: Add 36gm powder in 300ml of water & stir well to dissolve preferably using shaker. Consume on the same day after diluting

Shelf Life: Best before 12 months from manufacturing date



Lifespan Syrup contains digestive enzyme that helps in carbohydrate digestion. This medicine is a natural pro-digestive helps in digestion of starch, carbohydrates, fats and proteins.

A Safe & Effective Formula for Digestive Health

DigesEaze

— SYRUP —



Appetizer

— SYRUP —

A Unique Combination of Herbs & Triphala

**RESTORE NORMAL APPETITE
DIGESTIVE + CARMINATIVE**

This syrup is precisely formulated by making use of supreme quality herbs. Formulated through effective and approved methodologies, this syrup is remarkably increases appetite, relieves indigestion and check digestive function.

- Relieves indigestion and acidity
- Reduces the chance of stomach infection
- Prevents ulcers by reducing gastric acid production

200 ml / 100 ml



- Relieves indigestion & heartburn
- Aids in digestion of proteins, fats & carbs
- Reduces abdominal discomfort & gas

200 ml

Health Supplement

Lifespan Melatonin can provide support to individuals who need help going to sleep at night or for those travelling and adjusting to a new sleep cycle.

Helps Promotes Natural Sleep

Melatonin naturally regulates the body's sleep/wake cycle.

NON HABIT FORMING | **LIQUID MELATONIN**
100% DRUG FREE

Helps promote sleep quality
Helps establish normal sleep patterns
Relaxes mind and body

SleepAid^{PLUS}

SYRUP

Ayurvedic
Proprietary
Medicine 



Activ-fig

SYRUP

A Unique Combination of Fig Extract

BEST NATURAL SOLUTION TO EASE CONSTIPATION

ActivFig is a fruity syrup combining dried fig fruit and herbal extracts. The Fig Fruit, rich in fibre, acts as a natural laxative since fibre rich foods help in positive peristaltic movements therefore providing relief from constipation

Relief from irritable bowel syndrome
Restores the bowel functions
Relief from the acute & chronic constipations



200 ml / 100 ml

WAPOUR OIL

Inhalant Decongestant

Lifespan WAPOUR Oil is a mixture of essential pure plant oils for Relief of bronchial, nasal congestion and hay fever by inhalation, and for Symptomatic relief of muscular pain by application to the skin. Non greasy in nature.



Clear stuffy, blocked noses

Open the respiratory passages to help you breathe more easily

Ease sore throats & Relieves aches



Ingredients

Clove oil	0.10%
Eucalyptus oil	35.45%
Juniperberry oil	2.70%
Cajuput Oil	18.50%
Methyl salicylate	3.70%
Mint oil	
Partly dementholised	35.45%

Panch Tulsi Drops

Panch Tulsi drops are extracted from high quality naturally available five different varieties of Tulsi. These leaves are found to have exceptional properties. Tulsi is known to purify blood and improve immunity. Tulsi is known to reduce wheezing symptoms, good for skin, liver and joint health.

Suggested Usage:

Adults: In a glass of water add 2-3 drops of Panch Tulsi; let it stand for 1 minute and drink. Use 4-5 times in a day.

Shelf Life: Best before 24 months from manufacturing date

Net Vol: 20 ml



Cough and Cold Syrup

Cough and cold syrup give prompt symptomatic relief in unproductive or dry cough. The demulcent, anti-inflammatory and decongestant properties soothes down irritated mucosa in the throat and upper respiratory tract. The presence of natural anti-allergic principles relieve nasal congestion, sneezing and bronchial congestion.

Benefit:

- Antioxidant property
- Relieves throat irritation
- Helps to control cough
- Expectorant properties
- Honey based cough syrup

Suggested Usage:

Children: 1 teaspoon 3-4 times a day
Adults: 2 teaspoon 3-4 times a day

Shelf Life: Best before 24 months from manufacturing date

Net Vol: 200 ml

Shiny, Lustrous & Healthy Hair..

Red Onion Hair Oil

Thick, lustrous and free from hair fall is everyone's desire. Onions are rich source of Sulphur, help in providing required nourishment for hair growth. It also strengthens hair from the roots and helps nourish your hair follicles with its rich content of sulphur. The rich sulphur content also may help minimize hair thinning and breakage. LIFESPAN's Red Onion Hair Oil contains, 16 natural herb oil the most important being Neem Oil, Lotus Oil, Haldi Oil, Hibiscus oil etc.

Benefits:

- It helps in controlling the extreme hair fall
- Treats damaged hair
- Helps get rid of dandruff problems
- It helps strengthen your hair growth

Suggested Usage:

Adults: Use required amount of Red Onion Hair Oil from roots to tip of the hair. Massage for 2-5 minutes and wrap/cover it to rest for 30 minutes or leave it overnight and wash. For better results use oil twice a week

Shelf Life:

Best before 36 months from manufacturing date

NATURES
16
BEST ACTIVE
HERBS



caring is more
stylish...



Net Volume: 200 ml

Rapid Relief Roll On

Rapid Relief Roll On is made for Headache and stress relief. This Roll on gives you incredible relief within minutes. The special ingredients Pudina, Gandhapura & Camphor in roll on gives relief from head ache and stress.

Benefits:

- Reduces pain and inflammation
- Better absorption and quick relief
- Relieves headache
- Fast, easy and convenient solution
- Pocket-sized pain relief roll on



Suggested Usage:

Apply generously to forehead & temples, and repeat if pain persists. For adults & children above 5 years.

Shelf Life: Best before 18 months from manufacturing date
Net Vol: 10 ml



Suggested Usage:

Adults: Apply 5 to 10 ml oil on the affected area or as needed. For better results gently massage on the affected area for few minutes ,twice daily.

Shelf Life:

Best before 36 months from manufacturing date

Net Vol: 100 ml



PainEaze Oil

PainEaze Oil is extracted from 11 exclusive essential herbs. This ayurvedic oil is formulated for body pain for all age group, helps in blood circulation, may help relive arthritic pain, rheumatic joint pains, joint stiffness and muscle spasms.

Benefits:

- Anti-inflammatory property
- Excellent muscle relaxant
- Helps in blood circulation
- Reduces redness, swelling and pain
- Instant pain relief and relives stress



Lemon Hand Wash

Our Hands are beds of germs. Maintaining good hand hygiene is important for staying healthy. This Hand Wash provides effective cleansing and protects you and your family from number of germs. Lemon Hand Wash is an ideal product to get your hands germ-free and fresh. The trusted formula can protect your hand from various types of germs. This will prevent germs spreading from your hand and thus, will protect others as well. LIFESPAN Lemon Hand Wash makes hands feel fresh throughout the day.

Benefits:

- Easy to use, generates enough lather required for wash
- Spreads easily and washes away germs from the corner of your hands
- Super Lemony fragrance
- Friendly packaging, Comes in dispenser bottle pump

Suggested Usage:

Dispense a small amount into wet hands, lather, and rinse thoroughly.

Shelf Life: Best before 36 months from manufacturing date

Net Vol: 250 ml

Poor hand hygiene contributes to nearly

50%

of all foodborne illness outbreaks

 **KILLS 99% GERMS**

Hand Sanitizer

Hand Sanitizer is an effective and alcohol-based, which kills 99% of germs, prevents contamination & infection, and ensures total hand hygiene.

Benefits: Easy to use. Helps cleanse hands for clean, safe and for hygiene

Suggested Usage:

Use small amount of the liquid on your palm. Rub well over front and back of the palms, fingernails and grooves until dry.

Shelf Life: Best before 24 months from manufacturing date

Net Vol: 100 ml



CERTIFICATION ★ ★ ★ ★ ★

GOVERNMENT OF TELANGANA
DEPARTMENT OF AYUSH

CERTIFICATE OF GOOD MANUFACTURING PRACTICES
FORM 25-E-I
Rule 165-B

Certified that manufacturing unit license, namely **Life Span Pvt Ltd** situated at MEDAK MEDAK, State Telangana License No.T-2304AYur Conroy with the requirements of Good Manufacturing Practices of AYURVEDA as laid in Schedule 'T' of the Drugs and Cosmetics Rules, 1945.

This Certificate is valid up to 20/06/2024

Date of Issue: 29-06-2019
Place: Hyderabad

Signature:
A. RAJESH BABU
Drug Licensing Authority
Department of AYUSH
Hyderabad, Telangana State
Digitally Signed by
Date: 29-06-2019 14:13:07 PM

GMP

Certificate of Registration

The certificate is issued to:

Life Span Private Limited
Plot No. 49, Phase III, Bio-Tech Park, SEZ, Karkapatta Village, Medak Mandal, Medak District, Telangana State, 502279, India

Registration No. **ISO 9001:2015**

The scope of activities covered by this certificate is defined below:

Please refer to the Appendix.

ISO 9001:2015

ISO

Certificate of Compliance

Life Span Pvt. Ltd.
Plot No. 49, Phase III, Bio-Tech Park, SEZ, Karkapatta Village, Medak Mandal, Medak District, Telangana State, 502279, India

Has been independently assessed and is compliant with the requirement of **KOSHER**

This certificate is available to the following scope:

Procurement, Receipt, Storage, Processing (Mixing, Packaging and Dispatch) of Pharmaceutical, Herbal, Ayurvedic Products such as Tablets, Capsules, Chikitsa Powder, Juice, Ready to Eat, Cookies & Amp, Personal Sulfur and Organic Products such as Organic Soaps, Soaps, Sprays

This certificate is issued under the following conditions:

- It applies only to the quality system mentioned in the introduction of above referenced standard products.
- The certificate holder shall ensure the manufacturing conditions of the quality system and design shall remain the same as mentioned in the scope of this certificate.
- The certificate holder is responsible for quality control and maintenance activities.

Registration No. **KSHR/EX/0000000000**

This certificate is valid from 06/06/2020 till 06/06/2025 and remains valid against any voluntary certificate audit conducted by any of the following:

- 1. Bureau Veritas
- 2. SGS
- 3. TUV SUD

Visit to verify compliance: www.koshercertification.com or email: info@koshercertification.com

KOSHER

2022

CERTIFICATE OF REGISTRATION

This certifies that:

Life Span Private Limited
Plot No: 49, Phase III, Bio Tech Park
Near SEZ, Karkapatta
Medak, Telangana 502279
India

is registered with the U.S. Food and Drug Administration pursuant to the Federal Food Drug and Cosmetic Act, as amended by the Bioresearch Act of 2002 and the FDA Food Safety Modernization Act, such registration having been verified as currently effective on the date hereof by Registrar Corp.

U.S. FDA Registration No.: **1613676158**
Registrar Corp
144 Research Drive, Hampton, Virginia, 23666, USA
Telephone: +1-757-224-0177 • Fax: +1-757-224-0179

This certificate affirms that the above stated facility is registered with the U.S. Food and Drug Administration pursuant to the Federal Food Drug and Cosmetic Act, as amended by the Bioresearch Act of 2002 and the FDA Food Safety Modernization Act, such registration having been verified as effective to the Registrar Corp on the date hereof, and Registrar Corp will confirm that such registration remains effective upon request and presentation of this certificate until December 31, 2022, unless such registration has been terminated after issuance of this certificate. Registrar Corp makes no other representations or warranties, nor does this certificate make any representations or warranties to any person or entity other than the named certificate holder, nor where said benefit is to be received. Registrar Corp assumes no liability to any person or entity in connection with the foregoing. The U.S. Food and Drug Administration does not issue a certificate of registration, nor does the U.S. Food and Drug Administration recognize a certificate of registration. Registrar Corp is not affiliated with the U.S. Food and Drug Administration.

Registrar Corp
144 Research Drive, Hampton, Virginia, 23666, USA
Telephone: +1-757-224-0177 • Fax: +1-757-224-0179
info@registrarcorp.com • www.registrarcorp.com

David Loriaux
Executive Director
Registrar Corp
Dated: October 12, 2021

US FDA

TQV

CERTIFICATION OF COMPLIANCE

LIFE SPAN PRIVATE LIMITED
Plot No. 49, Phase III, Bio-Tech Park, Karkapatta Village, Medak Mandal, Hyderabad, India.

Has successfully implemented Good manufacturing practice system which has been in conformance to requirements of **WHO-GMP**

Scope:
MANUFACTURING, IMPORT /EXPORT OF DIETARY SUPPLEMENTS, HEALTH SUPPLEMENTS, NUTRACEUTICALS, HERBAL EXTRACTS, PROBIOTICS, NUTRACEUTICALS, TABLETS, CAPSULES AND LIQUIDS, COSMETICS.

Certificate No.: 10220720012
Certificate Date: 20 July 2020
Valid Until: 19 July 2023
EAC Code: 03_12_15

TQV
TQV Certification Services Private Limited

WHO GMP - TQV

GOVERNMENT OF INDIA
Food Safety and Standards Authority of India

ISSUE DATE: 08-09-2019
Licence under Food Safety and Standards Act, 2006

Application No. / Licence Number: **100104704910190**

1. Name of the holder of the licence:
Life Span Private Limited
2. Name of the holder of the licence:
Life Span Private Limited
3. Name of the holder of the licence:
Life Span Private Limited
4. Name of the holder of the licence:
Life Span Private Limited

Category:
General

1. Name of the holder of the licence:
Life Span Private Limited
2. Name of the holder of the licence:
Life Span Private Limited
3. Name of the holder of the licence:
Life Span Private Limited
4. Name of the holder of the licence:
Life Span Private Limited

Licensee Name	Period of Validity	License Fee	Category	Issued/ Renewed/ Cancelled	Signature of Designated Officer
Life Span Private Limited	08/09/2019	1000000	General	Issued	

FSSAI

GOVERNMENT OF TELANGANA
DEPARTMENT OF AYUSH

LICENCE TO MANUFACTURE FOR SALE OF AYURVEDADRUGS

Managing Director: **P. T. S.**

Technical Staff (P. T. S.):
Arun Kumar Gupta, M Pharmacy for Manufacturer

LICENCE NO. T-2304AYur

R. NARENDRA RAO Managing Director of LIFE SPAN PVT LTD is hereby licensed to Manufacture the following AYURVEDA DRUGS for the purpose defined in the licence No. T-2304AYur, Medak, District, Telangana State, India, under the supervision of the following technical staff:

Enclosed List of Approved Products Shaded 1

The Licence shall be force from 20/06/2019 to 20/06/2024

The licence is subject to the conditions stated below and to such other conditions as may be specified in the rules of the State being in force under the Drugs and Cosmetics Act, 1954.

A. RAJESH BABU
Drug Licensing Authority
Department of AYUSH
Hyderabad, Telangana State
Digitally Signed by
Date: 29-06-2019 14:10:22 PM

AYUSH

qualityaustria central asia

CERTIFICATE

Quality Austria Central Asia Private Limited
144 Research Drive, Hampton, Virginia, 23666, USA
Telephone: +1-757-224-0177 • Fax: +1-757-224-0179
info@registrarcorp.com • www.registrarcorp.com

LIFE SPAN PRIVATE LIMITED
Plot No. 49, Phase III, Bio Tech Park, Near SEZ, Karkapatta Village, Medak, Telangana State, 502279, India

is registered with the U.S. Food and Drug Administration pursuant to the Federal Food Drug and Cosmetic Act, as amended by the Bioresearch Act of 2002 and the FDA Food Safety Modernization Act, such registration having been verified as currently effective on the date hereof by Registrar Corp.

U.S. FDA Registration No.: **1613676158**
Registrar Corp
144 Research Drive, Hampton, Virginia, 23666, USA
Telephone: +1-757-224-0177 • Fax: +1-757-224-0179

This certificate affirms that the above stated facility is registered with the U.S. Food and Drug Administration pursuant to the Federal Food Drug and Cosmetic Act, as amended by the Bioresearch Act of 2002 and the FDA Food Safety Modernization Act, such registration having been verified as effective to the Registrar Corp on the date hereof, and Registrar Corp will confirm that such registration remains effective upon request and presentation of this certificate until December 31, 2022, unless such registration has been terminated after issuance of this certificate. Registrar Corp makes no other representations or warranties, nor does this certificate make any representations or warranties to any person or entity other than the named certificate holder, nor where said benefit is to be received. Registrar Corp assumes no liability to any person or entity in connection with the foregoing. The U.S. Food and Drug Administration does not issue a certificate of registration, nor does the U.S. Food and Drug Administration recognize a certificate of registration. Registrar Corp is not affiliated with the U.S. Food and Drug Administration.

David Loriaux
Executive Director
Registrar Corp
Dated: October 12, 2021

HACCP

Organic Certificate

Life Span Private Limited
Plot No. 49, Phase III, Bio-Tech Park, SEZ, Karkapatta Village, Medak Mandal, Medak District, Telangana State, 502279, India

is certified as an organic product in accordance with the requirements of the Indian Organic Standards (IOS) for Organic Products as laid in Schedule 'T' of the Drugs and Cosmetics Rules, 1945.

This certificate is valid up to 20/06/2024

Date of Issue: 29-06-2019
Place: Hyderabad

Signature:
A. RAJESH BABU
Drug Licensing Authority
Department of AYUSH
Hyderabad, Telangana State
Digitally Signed by
Date: 29-06-2019 14:13:07 PM

ORGANIC

indiamart

Lifespan Private Limited

has been certified for having met the requirements of **indiamart TRUST SEAL** in July 2021.

TRUST SEAL
indiamart
Building TRUST
Sustaining Reputations

INDIA MART

GOVERNMENT OF TELANGANA
FORM 2

Production Licence No. T-2304AYur
Licence to work in Factory

1. Registration Number	100104704910190
2. Application Number	100104704910190
3. ITR Return Number	08/09/2019
4. ITR Return Date	08/09/2019
5. ITR Return Status	08/09/2019
6. ITR Return Category	08/09/2019
7. ITR Return Category	08/09/2019
8. ITR Return Category	08/09/2019
9. ITR Return Category	08/09/2019
10. ITR Return Category	08/09/2019
11. ITR Return Category	08/09/2019
12. ITR Return Category	08/09/2019
13. ITR Return Category	08/09/2019
14. ITR Return Category	08/09/2019
15. ITR Return Category	08/09/2019
16. ITR Return Category	08/09/2019
17. ITR Return Category	08/09/2019
18. ITR Return Category	08/09/2019
19. ITR Return Category	08/09/2019
20. ITR Return Category	08/09/2019

Licence is hereby granted to the holder of this licence to work in a factory for the purpose defined in the licence No. T-2304AYur, Medak, District, Telangana State, India, under the supervision of the following technical staff:

This licence will be valid until the date mentioned above.

Date: 08/09/2019

FACTORY LICENCE

qualityaustria central asia

FSSC 22000

CERTIFICATE

Quality Austria - Telangana, India
144 Research Drive, Hampton, Virginia, 23666, USA
Telephone: +1-757-224-0177 • Fax: +1-757-224-0179
info@registrarcorp.com • www.registrarcorp.com

LIFE SPAN PRIVATE LIMITED
Plot No. 49, Phase III, Bio Tech Park, Near SEZ, Karkapatta Village, Medak, Telangana State, 502279, India

is registered with the U.S. Food and Drug Administration pursuant to the Federal Food Drug and Cosmetic Act, as amended by the Bioresearch Act of 2002 and the FDA Food Safety Modernization Act, such registration having been verified as currently effective on the date hereof by Registrar Corp.

U.S. FDA Registration No.: **1613676158**
Registrar Corp
144 Research Drive, Hampton, Virginia, 23666, USA
Telephone: +1-757-224-0177 • Fax: +1-757-224-0179

This certificate affirms that the above stated facility is registered with the U.S. Food and Drug Administration pursuant to the Federal Food Drug and Cosmetic Act, as amended by the Bioresearch Act of 2002 and the FDA Food Safety Modernization Act, such registration having been verified as effective to the Registrar Corp on the date hereof, and Registrar Corp will confirm that such registration remains effective upon request and presentation of this certificate until December 31, 2022, unless such registration has been terminated after issuance of this certificate. Registrar Corp makes no other representations or warranties, nor does this certificate make any representations or warranties to any person or entity other than the named certificate holder, nor where said benefit is to be received. Registrar Corp assumes no liability to any person or entity in connection with the foregoing. The U.S. Food and Drug Administration does not issue a certificate of registration, nor does the U.S. Food and Drug Administration recognize a certificate of registration. Registrar Corp is not affiliated with the U.S. Food and Drug Administration.

David Loriaux
Executive Director
Registrar Corp
Dated: October 12, 2021

FSSC

ACHIEVEMENTS & AWARDS



Best Startup of the Year, 2019
Seema Malhotra MP (Member of Parliament, London) &
Mr. Narendra Ram Nambula, Founder & CEO, Lifespan Pvt. Ltd.



Most Promising Company to Invest In, 2019
Virendra Sharama MP (Member of Parliament, London) &
Mr. Narendra Ram Nambula, Founder & CEO, Lifespan Pvt. Ltd.



Lifespan Pvt. Ltd. Winner of India
500 Start-up Awards for Quality Excellence 2019.

Mr. Narendra Ram Nambula was awarded the
Entrepreneur of The Year in Product or Manufacturing
Business by MSMECCII, 2020.



Promising Entrepreneur of India
The economic times awarded Mr. Narendra Ram Nambula
as the Promising Entrepreneur of India.



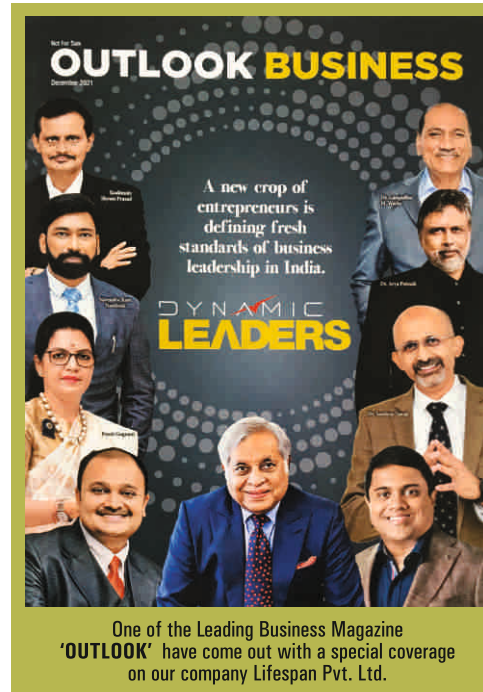
ET most Promising Entrepreneur
Mr. Narendra Ram Nambula was awarded the ET's most
promising entrepreneurs at the ET Best Brands Summit.

Lifespan Pvt. Ltd. awarded as the Top Quality Manufacturer of the year for the Nutraceutical Products, at the India's Signature Brands Awards, 2020. The award was presented to Mr. Narendra Ram Nambula (CMD) by Mr. Suniel Shetty (Actor).





One of the Leading Global Business Magazine 'FORBES' have come out with a special coverage on our company Lifespan Pvt. Ltd.





Mr. Narendra Ram Nambula awarded
"Champions of Change", Telangana-2021 for Social Welfare

HD10207MTU



St. Mother Theresa University



**J&B Registrars
HARVARD**

for
Digital Education Excellence and Sustainability Development and World Peace

Accredited by World Sign JBR HARVARD, USA
Affiliated to Cambridge School of Distance Education, UK

The Evaluation Board of Education Standard Accreditation Council
On the recommendation of the Faculty and by virtue of
the Authority vested in them have conferred on

Mr. Narendra Ram Nambula
Having successfully completed the requirements and therefore

He is awarded
Honorary Doctorate
(Honoris Causa) in
Entrepreneurship

With the rights and privileges there unto appertaining on the
"Twenty Seventh March Twenty Twenty Two @ Dusit Thani Dubai
United Arab Emirates"



Fully Accredited by
International Accreditation Organisation
Texas, USA



Prof. James Francis Kerr
Vice-Chancellor SMTU
AUSTRALIA



Dr. R. Vijaya Saraswathy
Founder President &
Pro- Vice Chancellor, SMTU

Mr. Narendra Ram Nambula conferred an honorary Doctorate in entrepreneurship by St. Mother Teresa University accredited by world sign JBR Harvard, USA affiliated with Cambridge School of Distance Education, UK.

PC POWER CORRIDORS

February 2022

Champions of Change
Telangana

DOCTOR'S PREMIER
CRICKET LEAGUE 2022



WINNER OF "DPC" FIRST SEASON

COLOSSAL ACHIEVEMENT - WE ARE SUPER JOYFULL ABOUT OUR TEAM LIFESPAN LIONS FOR THEIR WIN AT 'DOCTOR'S PREMIER CRICKET LEAGUE' 2022.
HEARTFELT THANKS TO ALL OUR SUPPORTERS FOR THE ENCOURAGEMENT AND STANDING WITH US IN THE MOMENT IN ACHIEVING THE VICTORY.

VIZAG WARRIOR'S
CRICKET TEAM



PROUD OWNER OF VIZAG WARRIORS

JOYFUL & GLORIOUS ANNOUNCEMENT - N-SPORTS, SUBSIDIARY OF LIFESPAN OWN'S VIZAG WARRIOR'S CRICKET TEAM OF
ANDHRA PREMIER LEAGUE, FIRST EVER CRICKET TOURNAMENT STARTED BY ANDHRA CRICKET ASSOCIATION.

LIFESPAN

BRAND AMBASSADOR



Ms. Nikhat Zareen
World Boxing Champion
& CWG 2022 Gold Medal Winner





LIFESPAN PRIVATE LIMITED

Corporate Office: Plot No. 16, Jai Hind Gandhi Road,
Madhapur(V), Serilingampally(M), Ranga Reddy District,
Hyderabad-500081, Telangana, India.

Manufacturing Unit Address: Plot No. 49, Phase III,
Biotech Park, Genome Valley, Karkapatla-502279,
Siddipet Dist., Telangana, India.

Contact: +91 9312099999 Mail: info@lifespain.industries

e-commerce: www.lifespain.online Website: www.lifespain.industries

 @lifespain.industries  @lifespain.life  @lifespain-industries

